

SPRING FASHION & BEAUTY TIPS + ALL THE FRIENDSHIP ADVICE!

seventeen

**Get
OMG
Hair**

**While
You Sleep**
(Seriously!)

**DIY SNACKS
YOU'LL LOVE!**
(Apple Nachos—
Whaaat?!?)

**INSTANT
HAPPINESS!**
40 EASY
TRICKS

**CAMILA
CABELLO**

**WHY SHE HAD
TO LEAVE 5H
& OTHER MAJOR
CONFESSIONS!**

**Fun
& Flirty!**

**CUTEST Outfits Ever,
PRETTY Makeup & Quick CONFIDENCE Boosters**

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SICK?**

March/April 2017



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sephora.com/collection





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HAIR THAT'S ALWAYS IN FASHION

THE SIDE SWEEP LOOK

24 HOUR HOLD WITH AMERICA'S #1 HAIR SPRAY
USED BACKSTAGE AT NEW YORK FASHION WEEK

#TRESnyfw



Fashion

29 FLOWER POWER
A femme print gets an edgy twist!

30 DESTINATION SPRING BREAK
Zara Larsson shows off perfect pieces for the beach, the festival circuit, and more.

42 10 NEW DENIM PICKS So cool, you'll want them all.

44 POM-TASTIC
The cutest way to update your look? Pom-poms!

49 MEET OUR CHALLENGE WINNER!
Project Runway Junior contestant Chelsea designed a truly amazing piece!

50 KEYS TO PROM STYLE SUCCESS The hosts of *Say Yes to the Prom* spill their best insider tips.

52 VINTAGE PROM VIBES
First pick your decade—then find your glam plan!

58 \$50 & UNDER
Fierce postprom looks on the cheap.

122

WHAT'S YOUR STYLE?

Olivia Holt expresses herself in the season's hottest trends—and you can too!



JACKET NastyGal, nastygal.com. **SHIRT** Herman Market, Barneys New York. **SKIRT** Sonia by Sonia Rykiel, soniarykiel.com. **EARRINGS** Vita Fede, vitafede.com. **SHOES** Marc Jacobs, marcjacobs.com.



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2



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3



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after foundation

NEW

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3 kits for
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& deep skin tones.

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LINE
NEW YORK

64

BOLD MAKEUP

Seven ways to pull off this super-hot trend!



Beauty

61 GREAT HAIR—IN YOUR SLEEP!
Wake up to totally gorge waves by following just two simple steps. Holla!

72 BEAUTY NEWSFEED
Channel a Disney princess with this adorbs nail-polish collection, and take a peek at the flirtiest new lip shades!

74 ORGANIZE LIKE A VLOGGER
YouTube pros help you streamline your entire beauty stash so you can get ready ASAP.

80 TEMPTED TO TAN? READ THIS FIRST! Score genius ideas for getting the glow you love—safely.

84 CHEAP THRILLS
Snap up a bunch of killer products for next to *nothing*.

116 ALL NIGHT LONG
Everything you need to keep your makeup smudge-proof when you're heading to a big event.

17 WHAT'S HOT NOW

A go-to guide for what to watch, read, and wear this spring (like fun Katy Perry heels, right). **Plus:** Your new TV crushes, and 17 Qs with Daya!

130 REBELS LIKE US

Check out an excerpt of Liz Reinhardt's new novel before everyone else!



24 POWER GIRLS

You'll be so inspired by this Standing Rock teen's mission to save her community's water supply.



90

NEXT-LEVEL SNACK HACKS

Delish, healthy, *and* a cinch to make?!? You've got to try these!



110

**Bx(M+F+A)
+ATT²**

This formula is the secret to happiness—luckily, it's not as wacky as it seems!



Love&Life

95 BINGE-WATCH WITH BENEFITS

A fun way to bond with your bae. It's science!

96 REALLY, I'M SORRY Learn to say it like you mean it. ('Cause you do!)

98 PROM MONEY SAVERS

No worries: You'll still look fab and have a legit blast. Promise.

100 YOUR CHEAT SHEET TO... SCHOOL! MONEY! JOBS!

Thanks to this advice, your life is about to get *so much easier*.

Body & Health

87 GET FIERCE IN 5!

The inventor of the Insanity workout has a kick-ass routine for you. (And it's crazy short!)

92 IS YOUR LOCKER MAKING YOU SICK?

Tips for scoping out the germiest spots and nixing those nasties quick.

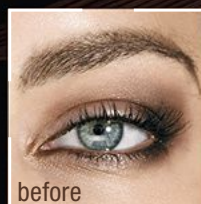


tapered brush

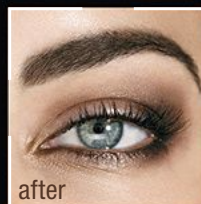
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before



after

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Adriana is wearing New Brow Precise[®] Fiber Volumizer Mascara in Deep Brown.
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Just Camila

The former 5H member opens up about leaving the group, searching for love, and coping with anxiety.

**To Get Camila's Look**

- 1 / LASHES**
CLINIQUE Lash Power Flutter-to-Full Mascara, \$21, clinique.com
- 2 / LIDS** CLINIQUE Lid Pop in Cream Pop, \$17, clinique.com
- 3 / LIPS** CLINIQUE Pop Lacquer Lip Colour & Primer in Nude Pop, \$18, clinique.com
- 4 / FACE** CLINIQUE BI-Y Blend It Yourself Pigment Drops, \$33, clinique.com



SCENT
This spritz's pretty violet and sandalwood notes are the ultimate fragrance harmony.
GUESS 1981, \$62 for 3.4 oz., guess.com

BEHIND THE SCENES WITH**Camila Cabello****MAMA KNOWS BEST**

For her first solo cover, the pop star was styled by our Senior Fashion Editor James Worthington DeMolet (who also dressed Camila for her "Bad Things" video). But there was another person in her dressing room who *also* gave her advice: her mom!

PLAY TIME

Camila brought her guitar to set so she could play if there was downtime. We were excited to hear what she's been

working on, but she never ended up taking a break!

DANCING QUEEN

The singer was full of energy and grooved all day long to '90s throwbacks.

HOMEWARD BOUND

After the shoot, she headed home to Miami for a few days of rest. We sent her off with a goody bag for the plane, and a bikini she wore in our photos—you can see the top peeking out from the red sweater on the cover below left.



ON CAMILA: (newsstand cover) sweater, Guess; swim top, Tavik; skirt, Holly Fulton; necklace, Jennifer Fisher; (subscriber cover) jacket, Coach 1941; tee, AMO; shorts, Hudson; ring, Erickson Beamon.

FASHION STYLIST: James Worthington DeMolet. **HAIR:** Chris McMillan at soloartists.com. **MAKEUP:** Allan Avendaño for Dior Addict at Starworks Artists. **MANICURE:** Kimmie Kyees for Orly at Celestine Agency. **PHOTOGRAPHER:** James White.

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Breakouts just won't back down?

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FIGHT NICE

Light therapy treats breakouts in the nicest possible way. It uses LED light, which is UV free and suitable for all skin types.

Olivia Holt

THESE COLORS WORK FOR YOU

Blue light penetrates just beneath the skin's surface to kill acne-causing bacteria, while red light goes deeper to reduce inflammation. (98% saw fewer breakouts!)



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10 minutes a day is all it takes.

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The mask turns off automatically at the end of each treatment.

LIGHTS, PLEASE

A simple click of the remote activates the mask's acne-clearing light.



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Save the DATE!

We're so excited that it's 2017, and you can probably guess why: It's the year of 17! And we're making it all about you. We know change is a big part of your life right now—from the changes happening *to* you, to the changes *you* want to make in the world—so we're introducing the **17 Voices** initiative as a way for you to connect with and inspire each other. To top it off, on the 17th (of course!) of every month, head to seventeen.com/17voices for live chats with celebs who are doing their part to make a difference. In the meantime, be sure to stay connected with the **17 Voices** community via Facebook—that's where you can share ideas, talk to us, and even contribute essays to our site. Can't wait to hear from you!



Exciting News From a Power-Girl Alum!

In 2015, we introduced you to Nadya Okamoto, 18, whose nonprofit, Camions of Care (camionsofcare.org), provided homeless women with tampons and pads. To coincide with International Women's Day (March 8), she is upping her game and changing the name of her organization to Period., which will be a hub for youth activists who want to fight for menstrual equity. There will be resources on how to work with your legislator to implement better policies as well as info on how to start a Period. chapter at your school so you can help women get the period supplies they need.

Olivia on set with James ...



WE ♥ OLIVIA HOLT

Our team had a blast with the actress at our NYC shoot for "What's Your Style" on page 122. Says Senior Fashion Editor James Worthington DeMole: "She came with an open mind, which for a stylist is always exciting!"



... Photography Director Fabienne Le Roux ...



... and Associate Editor Jen Abidor.

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HAIR**
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NEW
PANTENE

17
Poll

WHICH WORKOUT IS MORE FUN?



EMMA ROBERTS

Yoga
47%



VICTORIA JUSTICE

Boxing
53%



WHAT YOU'RE LIKING

These tasty ice pops have only three ingredients: Cool Whip, Nutella, and milk. *Voilà*—the dessert of dreams!

For the full recipe, visit seventeen.com/nutellapops.



delish + seventeen
Nutella Pops

#PerfectlyMe



JADE, 14, KENT, ENGLAND
@FRILLSNLYRICS

"I'm a dancer, although I don't have the typical frame. I was born with lordosis, which means my pelvis sits at the wrong angle so my bottom and stomach stick out. It's not life-threatening, but it is hard for me to get into the right posture when dancing. That means I have to work even harder, though I don't mind because I love it. Never lose your fire, no matter what! #PerfectlyMe."

Tell us why you love *your* body by using the #PerfectlyMe hashtag on Insta!



Our Fave Reader Comments

🐦 [tialaniasmith](#)

@Serayah & @YazzTheGreatest Look so dope on the @seventeen magazine cover



📷 [zurixlynn](#)

Getting ready to plan out my vision board with my @seventeen magazine. What's on your agenda for today?

🐦 [Eryn_NotErin](#)

@seventeen explains how to recognize and control an oncoming panic attack. Everyone should read this. Thank you for raising awareness



🐦 [LookingForMuke](#)

the new seventeen issue talks about hairspray live I'm living



🐦 [@ccendaface](#)
can we just take a hot second to appreciate the holiday gift guide in the dec/jan issue of @seventeen inspired by disney princesses #inlove

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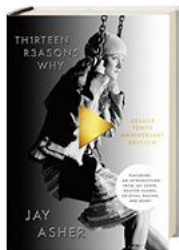
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NORDSTROM



Lily-Rose Depp is wearing CALLIGRAPHIE DE CHANEL
in Hyperblack and ROUGE ALLURE in Rouge Ingénue

What's **Hot** Now by Jen Abidor



CATCH UP ON A CLASSIC

Read the 10th-anniversary edition of the haunting *Thirteen Reasons Why* by Jay Asher before the Netflix series (produced by Selena Gomez) comes out this year.

Say TV Byes

It's the end of an era. *The Vampire Diaries* wraps on **March 10** (The CW, 8/7c) and *PLL*'s last 10 eps kick off on **April 18** (Freeform, 8/7c). The good news: They'll both remain on Netflix!



EMBRACE YOUR INNER KATY

Love the "Rise" singer's quirky-cute style? Try it on for size with heels from *Katy Perry Footwear* (\$59 and up, Macy's, Lord & Taylor, and Amazon).

Things to Do!

DON'T WAIT UNTIL YOUR SCHOOL BREAK TO START LETTING LOOSE—SPRING INTO ACTION WITH THIS LIST OF STUFF TO SEE, READ, AND WEAR.

Essie Backseat Besties (pink) and **Designated DJ** (plum), \$9 each, essie.com

Wear This!



ROCK A PERF VACAY MANI

Nail your next trip with *Essie's* adventure-ready **spring collection**. Hues like Backseat Besties and Designated DJ will get you in the travel spirit even if you're just having a staycation with your BFFs.

Get Weepy at the Movies

Based on the book of the same name, *Before I Fall* is a tearjerker about a mean girl who gets a unique chance to make things right. (Out **March 3**).



1 / CHARLIE DePEW

Age: 20

Hometown: Pasadena, CA
@charliedepew

Role Reversal: "I almost landed the part of Bella's best friend on *Shake It Up*, but it went to a different actor. Now I play that role on this show—funny how things work out!"

Best Binge: "My friends from high school and I fell in love with the show *Entourage*. There was a period when we watched it every single day."

HOT NEW TV CRUSHES

There's so much to adore about Bella Thorne's new show **Famous in Love** (premiering at 9/8c on April 18 on Freeform)—these three cuties included.

2 / CARTER JENKINS

Age: 25

Hometown: Los Angeles, CA
@carterjenkins

Starstruck Moment: "I once made eye contact with Natalie Portman at a restaurant when I was a kid, and I'll never forget that."

One True Pair: "There's a love triangle on the show, but I think my character, Rainer, should end up with Paige (played by Bella)—they're great together and their 'ship name is Raige. It's perfect!"

3 / KEITH POWERS

Age: 24

Hometown: Sacramento, CA
@keithpowers

Dream Date: "This might sound corny, but I think taking a walk in the park is perfect. You can really pick somebody's brain that way and get to know each other."

Crazy in Love: "When I met my ex-girlfriend, I was in the process of getting dreadlocks. She told me she liked guys with short hair, so the next day I cut off my hair."

Make
These!

TWISTED TREATS

National Pretzel Day is April 26.
Celebrate it by making
these yummy three-step snacks.

INGREDIENTS

- 1 cup white or milk chocolate chips
- 10 pretzel twists
- Crushed Oreos and/or finely chopped peanuts (optional)

INSTRUCTIONS

1 / Place chocolate chips in a bowl; microwave for 30 seconds (or until fully melted).

2 / Dip pretzels in the chocolate; then, if you'd like, roll them in toppings.

3 / Lay them on a plate covered with wax paper. Refrigerate for 15 minutes.

MY ADVICE

Gigi Gorgeous

The vlogger—and star of YouTube Red doc *This Is Everything*—shares why you should make the most of the present.

When I was in high school in Toronto, I was really blessed to have an amazing support system of family and friends. I went to Catholic school where I had to wear a uniform, but it was very open-minded. At the time, I was openly gay and wearing makeup. I wasn't holding back. But if I could talk to my teen self knowing what I do now, I would say this: "Don't be afraid to be even

more out there and more yourself." You'll never get your high school years back, and although I thought I was living them to the fullest, I'd tell myself to do more. Try new hobbies, travel, and cherish your friends, because after high school life gets really real. Chase after what you love, even if it's scary—that's how you know it's your destiny. The best things in life are the

things that make you nervous. If you want to do YouTube or join a sports team, do it. If you fall out of love with your passion, it's

okay to change course and try something totally different instead. Do what makes you happy, because life is really short.





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CARA DELEVINGNE





The Pittsburgh native spent the day with us in NYC. "I got to try a legendary big pretzel," she says. "So good!"

17 Questions With Daya

The 18-year-old "Words" singer spells out all the things she's into.

1 / FAVORITE BOOK?

Gone Girl by Gillian Flynn.

2 / BEST QUOTE?

"Never half-ass two things. Whole-ass one thing." -Ron Swanson, *Parks and Recreation*

3 / SNACK CRAVING?

Chips and guac.

4 / KARAOKE JAM?

"Ironie" by Alanis Morissette.

5 / MUSICAL INSPO?

Amy Winehouse.

6 / DREAM VACAY?

Thailand.

7 / FAVE ICE-CREAM FLAVOR?

Moose Tracks.

8 / MUST-SEE MOVIE?

August Rush.

9 / NETFLIX BINGE?

Friends.

10 / ACCESSORY OF CHOICE?

Chokers.

11 / BEST BEVERAGE?

Mint Majesty tea from Teavana.

12 / A+ APP?

Snapchat.

13 / SHOPPING STOP?

Topshop or IKEA.

14 / BEAUTY-PRODUCT PICK?

Eyeliner.

15 / CURRENT PHONE CASE?

Looks like a unicorn.

16 / BEST OF BROADWAY?

The Book of Mormon.

17 / MOST USED EMOJI?

The sparkles!



ALL PREPPED TO

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shop party dresses, sparkly accessories, salon-styled hair and glam makeup all in one spot, all for a great price



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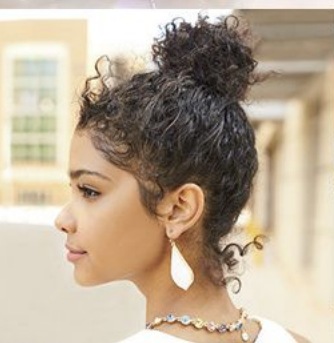
My Michelle top
& skirt 2-pc set
reg. \$168

\$99.99

by&by floral dress
reg. \$168

\$149.99

juniors' plus City Triangles
glitter lace top & skirt
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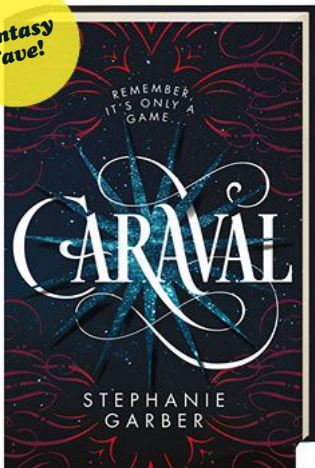
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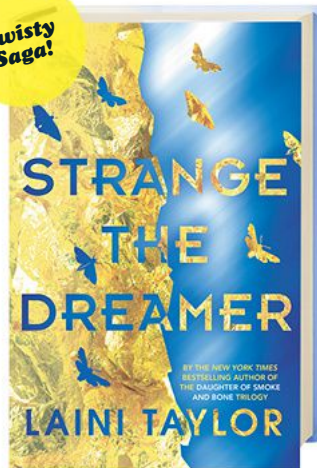
Fantasy
Fave!



Caraval **Stephanie Garber**

Meet Scarlett and Tella, two sisters whose lives are changed forever when they're swept away by the mysterious annual Caraval game—think *The Hunger Games* meets the circus. With magical thrills on every page, you won't be able to put this fantasy down.

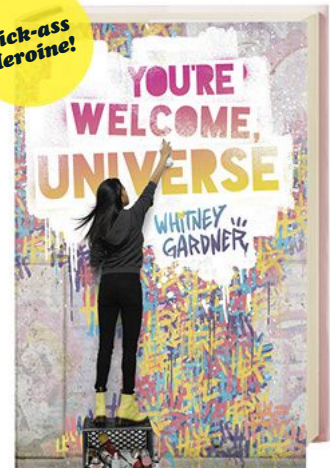
Twisty
Saga!



Strange the Dreamer **Laini Taylor**

Buckle up—it's time for a ride into the mythological lost city of Weep, where teen hero Lazlo Strange has crazy-vivid dreams about gods and goddesses that seemingly keep coming true. What's real? What's fake? It's all part of this page-turning mystery.

Kick-ass
Heroine!



You're Welcome, Universe **Whitney Gardner**

When Julia, a junior at a school for the deaf, covers up a slur about her bestie with a graffiti mural, she's expelled. Sent to a mainstream high school, she becomes an outsider who fights to stay true to herself—and her art.

STILL LIVES: COURTESY OF PUBLISHERS.

Two irresistible flavors

Hey, I know those guys.

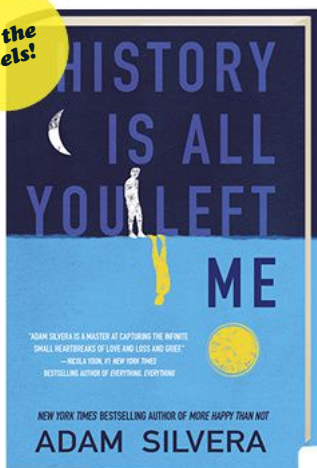
I can't believe they're making
a megastar like me do this.



Winner Chocolate Category.
Survey of 40,000 people by TNS

These reads will bring you to places you've never been before—and you don't even need to leave your house!

All the Feels!

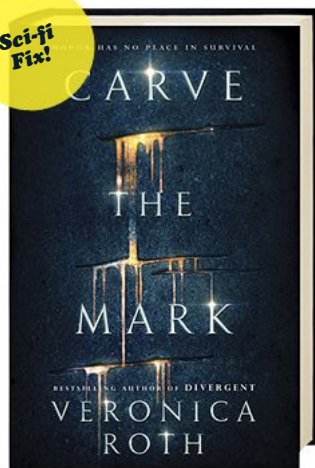


History Is All You Left Me

Adam Silvera

For a good cry, read this story about Griffin, a teen who is heartbroken after his ex, Theo, dies in an accident. The only person he can relate to? Theo's new BF. It's a story of grief, love, and finding yourself even when you feel lost.

Sci-fi Fix!

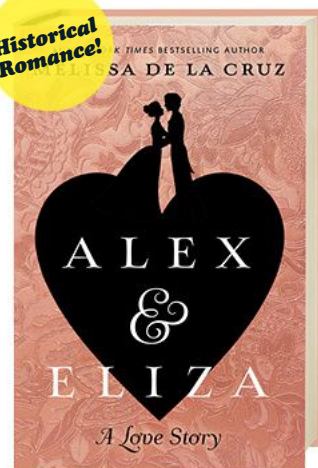


Carve the Mark

Veronica Roth

In her first release since the *Divergent* series, Veronica Roth says bye to Chicago and heads to outer space (think *Star Wars*) for this planned duology, which follows a pair of brothers who are kidnapped by a dictator—and the unlikely girl who helps them.

Historical Romance!



Alex & Eliza

Melissa de la Cruz

If you've been listening to *Hamilton* on repeat, you know Eliza Schuyler fell in love with Alexander Hamilton at first sight. But if you need more details than what you learn from "Helpless," you won't be able to resist this novelization of the early days of their romance.

under 200 calories.

I don't like the way people are looking at us.



I better be getting paid overtime for this.



"I Led a Movement to Protect My Land"

Tokata Iron Eyes, 13, is fighting against a major corporation—and the results could change the future. **as told to JEN ABIDOR**

Last July, the Standing Rock Sioux Tribe of Fort Yates, ND, took legal action to block Energy Transfer Partners from building the Dakota Access oil pipeline near their reservation. If the pipeline were to burst, they said, it would threaten the Missouri River, their main water supply. While awaiting a ruling, locals and their supporters gathered at a camp near the reservation to stage a protest. The cause gained attention on social media (#NoDAPL) and IRL thanks in part to a group of ambitious teen tribe members. Tokata is one of them.

ON THE GROUND

I've always had a special connection to Mother Earth—my ancestors died to protect the land I live on and the water I drink. So when I learned about the plan to build the pipeline from speakers who came to my school, I felt scared, but I wasn't going to sit back and watch it happen.

The speakers offered me and other native teens an opportunity to be part of a video to launch Respect Our Water, a campaign to get the word out about the negative consequences of the pipeline. There aren't many moments for youths like me to have our voices heard, so I jumped at the chance. On camera, I explained why water is important: Every human needs it to survive. Taking

part in the video felt small at the time, but it was the first step in building a massive movement that went viral.

Over the next few months, I hoped the Army Corps of Engineers (USACE) could be persuaded against issuing a permit for the pipeline, and I made it my mission to keep teens involved in raising awareness about the issue. I organized rallies (including one at the North Dakota Capitol Building), marches, and protests. Some of my friends ran from North Dakota to Washington, D.C., to make a statement. Meanwhile, that video I was in racked up tens of thousands of YouTube views.

Because I was on summer vacation, every day I'd go to the Oceti Sakowin camp to take part in the peaceful protest. It was a happy place. People from around the country traveled to join us, and we shared stories and learned from each other. I even got to meet celebrity activists, including Shailene Woodley. There were thousands of us. It was powerful to see so many people coming together. Still, I had doubts that what I was doing would actually work. I was just a kid up against big business. But I kept fighting, because the thought of never being able to bring my future children to the land my ancestors walked on was too heartbreaking.

"As a young person inheriting this Earth, it's my job to protect the resources," says Tokata (at the Oceti Sakowin camp in January).



“Every day I'd go to the Oceti Sakowin camp to take part in the peaceful protest. It was a happy place. People from around the country traveled to join us, and we shared stories and learned from each other.”



Tokata and Shailene in December 2016

SCARY STAKES

As the months passed, protesters and law enforcement began clashing. I watched people on my side get sprayed with water from hoses. (The irony!) My aunts and uncles were beaten with batons and sprayed with mace. I watched my own mother get arrested, and I felt so angry and hurt—as far as I'm concerned, she did nothing but stand on her own land. I tried not to let the events make me lose hope. Instead, I focused on how strong my people are.

WATER WINS

In December, we got the news that the USACE

temporarily denied the pipeline-building permit. When I found out, I was at the camp, holding hands with my people in a unity circle. I was in such shock. And then it hit me: I got my future back. It brought me to tears.

I know my fight might not be over—Energy Transfer Partners could ask for another permit. If they do, I'll be here. This movement isn't just about our reservation—it's about speaking up when you feel that something is wrong. And we can all do that, no matter how old we are.

BE THE CHANGE

Tokata offers her advice on tackling a cause you care about.

1 / SPEAK UP

"If you see a problem in your community, talk to your friends and family. A group with a goal can be a very powerful thing."

2 / GROW YOUR NUMBERS

"Once you have a core group, try organizing a rally. All you really need is a time, a place, and a plan. Share the news on social media for exposure."

3 / FORGET HOW TO QUIT

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FASHION



DESIGNER MOMENT

Label: 3.1 Phillip Lim
Instagram: 31philliplim
The scoop: For his resort collection, the NYC-based designer took a virtual trip to Venice Beach, California, and returned with '60s- and '70s-inspired psychedelic prints, plus dresses, tops, and shorts with a vibe that surfers and skaters will love.

MODEL MOMENT

Name: Diane Chiu
Hometown: Vancouver, BC, Canada
Instagram: dianechiuu
Personal style: "I love simplicity and comfort with a chic twist."
Spring must-have: "Sunglasses! I just bought a pair from a vintage shop in Brooklyn. Hopefully, I don't lose them!"

**DRESS, BAG, AND
BOOTS** 3.1 Phillip Lim,
31philliplim.com

Flower POWER

Plant some boho blooms in your closet this season! With a sprinkle of edgy accessories (like bright cutout boots), your style definitely won't be garden variety.

Photograph by Joshua Pestka
Styled by Adam Mansuroglu



DESTINATION

SPRING

Whether you're heading out of town or just hitting your couch, this guide—and pop star **Zara Larsson**—will show you how to slay vacay every day.



EARRINGS
Fossil, \$38,
fossil.com



BAG
The Sak, \$34,
thesak.com

SHOES
Katy Perry, \$88,
katyperrycollections.com



Beach
Bold-colored pieces and playful extras are the key to #Instastyle in the sun.



HAT
Aerie, \$30,
aerie.com



TOP
A.n.a., \$44,
JCPenney



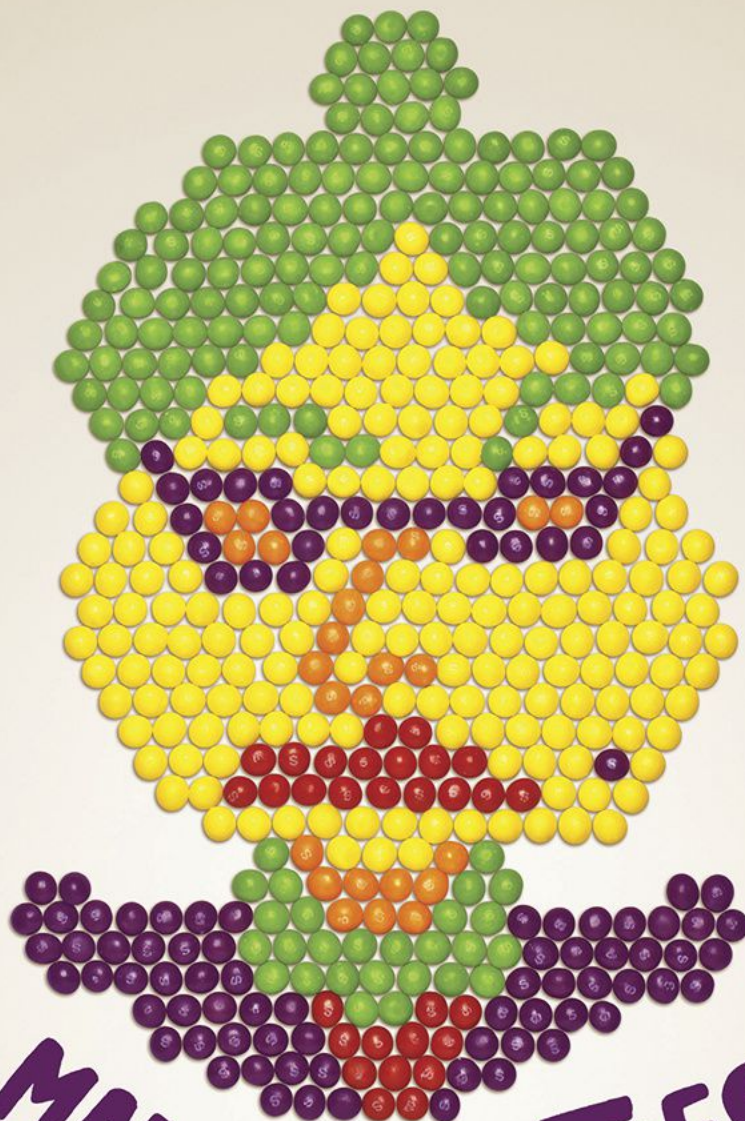
SHORTS
Lacoste, \$75,
lacoste.com



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Roxy, \$90, roxy.com

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JACKET Sea NY,
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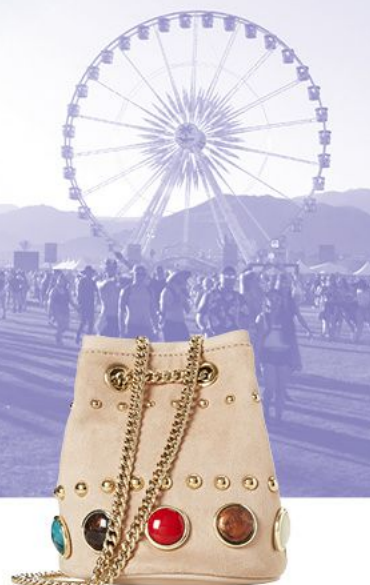
TEE
Lucky Brand, \$40,
luckybrand.com



ARMY JACKET
Vince Camuto, \$168,
vincecamuto.com



SHORTS
Jessica Simpson
Collection, \$55,
jessicasimpson.com



PURSE
Nine West, \$59,
ninenwest.com



CHOKER
Aldo, \$30,
aldoshoes.com

ON ZARA:
JACKET Guess,
shop.guess.com.
TEE American Eagle
Outfitters, ae.com.
SKIRT Topshop,
topshop.com. **BAG**
Rebecca Minkoff,
rebeccaminkoff.com.
SHOES
Ash, amazon.com.

light up the night

A photograph of three young women standing together at a party. The woman on the left is wearing a light blue and white patterned halter-neck gown and holding a pink cotton candy. The woman in the middle is wearing a light blue tiered gown with a beaded bodice and holding a pink cotton candy. The woman on the right is wearing a white lace halter-neck gown and holding a pink cotton candy. They are standing in front of a backdrop of gold tinsel and balloons. A sign in the background reads "DANCE CELEBRATION".

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This page:

Morgan & Co. dress with lace-up back, \$119. **Sequin Hearts** 2-piece lace/floral dress, \$139.

Previous page:

Xtraordinary embroidered mesh gown, \$139.

Jodi Kristopher tiered lace applique gown, \$159. **Jump** lace gown with spider-back detail, \$169.

Dillard's.com
1.800.345.5273





Teeze Me 2-piece lace/floral dress, \$149.
Blondie Nites beaded dress, \$249.

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wildfox.com

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stevemadden.com

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singer22.com. **BODYSUIT**
Veda, thisisveda.com.
SLEEP MASK American
Eagle Outfitters, ae.com.
SOCKS Hue, hue.com.
SLIPPERS Minnie Rose,
minnierose.com.

ROBE
Aerie, \$40,
aerie.com

ZARA LARSSON

The jet-setting 19-year-old "I Would Like" singer spills her vacay travel tips and tales—and more.

Q YOU'RE FROM SWEDEN. WHAT'S THE BEST VACATION YOU'VE EVER TAKEN WITH YOUR FAMILY?

We go to Thailand a lot and lay out on the beach. We've seen all the beautiful islands, and my godfather lives there, so we get to spend time with him. I just love it there.

Q THAT MUST BE A LONG FLIGHT! WHAT DO YOU WEAR TO KEEP COMFY?

Something cozy and really soft. I usually just go with leggings and a cashmere shirt. Plus, you always need some slippers, nice socks, and noise-canceling headphones. I don't know what I'd do without my music when I travel.

Q YOU ROCK A CUTE FESTIVAL LOOK ON THE PREVIOUS PAGE—DO YOU LIKE GOING TO THEM IRL?

I enjoy the experience, but I'm really bad at actually going to see the artists unless it's someone I really like. I usually stay by the food and eat.

Q WHEN YOU'RE NOT TRAVELING, WHAT DO YOU LIKE TO DO WITH YOUR BFFS?

We're super low-key together. Sometimes we get dressed up and go out, but since I'm not home a lot, I like to spend time actually talking to my friends. We have so much fun just *being*, we don't really need any activities to have fun. I could stay in bed with my friends and we'd have a blast.

FASHION



BEANIE

Gap, \$30, gap.com



Snow

Want to look your coolest in colder temps? Freestyle with metallic outerwear that will shine on the slopes.

SKI GOGGLES

Roxy, \$100, specialty retailers



ON ZARA:

COAT Burton, burton.com. TOP 525 America, 525america.com. JEANS Made Gold, madegold.com. BOOTS Sorel, sorel.com.



SWEATER

Abercrombie & Fitch, \$78, abercrombie.com



PANTS

Perfect Moment, \$420, perfectmoment.com



BOOTS

Skechers, \$90, skechers.com



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Tommy Hilfiger, \$245, tommy.com

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10 new denim picks

These right-now styles and cool collaborations are jean-ious.



Frayed & Embroidered Clutch ↑

Obsessed with spring trends? The double dose on this **CALL IT SPRING** bag makes it twice as amazing.

CALL IT SPRING \$35, callitspring.com



Off-the-Shoulder Dress ←

Tie sleeves, like the ones on this **BEBE** mini, are effortlessly flirty.

BEBE \$98, bebe.com



Sweet Charity →

Proceeds from model Miranda Kerr's fab 12-piece collab, **MIRANDA + MOTHER**, go to Sydney's Royal Hospital for Women.

MIRANDA + MOTHER \$325, motherdenim.com



Retro Jacket ←

Happy 35th to **GUESS!** Their Originals 1981 Anniversary Capsule collection celebrates the label's early designs.

GUESS \$228, shop.guess.com



Boho Sandals ↑

Wear a denim pair from **MINNETONKA** and slide right into slaying.

MINNETONKA \$60, minnetonka-moccasin.com



Kurve-huggers ←

GOOD AMERICAN, the new line cofounded by Khloé Kardashian, serves up sizes 0-24.

KYLIE'S BFF JORDYN WOODS

Glam Grommets ←

MIAOU jeans (Bella Hadid is a fan) feature a signature metal detail through which you can slip a rope, a ribbon, a chain—anything!



OMG Overalls →

Good news, vintage **LEVI'S** lovers! Pieces from the Orange Tab line (major in the '60s and '70s) are getting a modern-day reboot.

LEVI'S ORANGE TAB OVERALLS \$98, levi.com



Neon Tints ↑

A bright pair of **HUDSON** shorts will turn up the volume on your Insta!

HUDSON \$155 each, hudsonjeans.com



Statement Stitching ←

These **MISS ME VINTAGE** jeans prove how colorful embroidery takes denim from basic to beyond.

MM VINTAGE \$129, mm-vintage.com



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ESPADRILLES kate
spade new york, \$168,
katespade.com

Styling Tip

To put your pom-pom piece in the spotlight, wear it with a simple sundress or jeans and a tee. Not ready for lots of flair? Hang a pom-pom key chain off your fave bag.



SANDALS Rue21, \$17, rue21.com



PURSE
J.Crew,
\$128, jcrew.com



EARRINGS
BaubleBar,
\$34, baublebar.com



CLUTCH
Vince Camuto, \$148,
vincecamuto.com



SHOES
Circus by Sam
Edelman, \$80,
Macy's

DIY Pom Sandals

Give a plain pair of gladiators a trendy (and easy) upgrade. Aimee Santos of SwellMayde.com teaches you how.



© AIMEE SANTOS



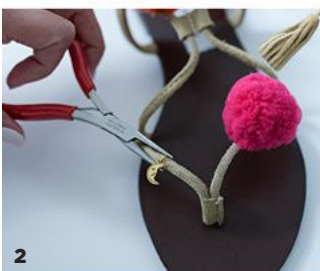
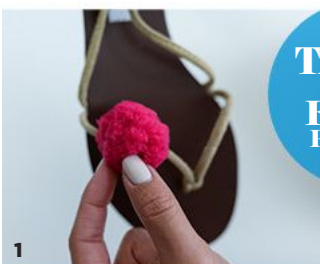
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What You Need

- ☐ Glue gun with glue sticks
- ☐ Sandals
- ☐ 1-inch pom-poms
- ☐ Needle-nose pliers
- ☐ Jump rings
- ☐ Charms

Instructions

1. Dab a small amount of hot glue onto a pom-pom. Place it onto sandal, and hold it in place until fully dry. Continue gluing on as many as you like.
2. Once they're dry and set, use needle-nose pliers to open a jump ring. Attach a charm to it, then place the ring around a sandal strap; close it with the pliers. Add as many as you want.





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**B DARLIN SILVER
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GOLD AND GREY HEART
DROP EARRINGS,
\$35, macys.com,
Web ID 3541501**

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macys.com,
Web ID 4460417

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TOILETTE SPRAY,
\$100, macys.com,
Web ID 4439209**

**STEVE MADDEN
CARRSON SANDAL,
\$89.98, macys.com,
Web ID 2366241**

magic

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ROMANTIC

Take a cue from your inner romantic and pair a floaty floral dress with metallic accessories in a rosy hue.

INC ROSE GOLDTONE FLORAL METAL CHOKER,
\$24.50, Only at Macy's,
macys.com, Web ID 4376887

BETSEY JOHNSON ROSE GOLD CRYSTAL BOW HOOPS,
\$35, macys.com, Web ID 2757626

SPEECHLESS EMBROIDERED DRESS, \$119,
macys.com, Web ID 4299740

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INC AISLYNN CLUTCH,
\$89.50, Only at Macy's,
macys.com, Web ID 2892821

JUMP 2 PIECE DRESS, \$109,
macys.com, Web ID 3748234

INC CAROLYN GLITTER CLUTCH,
\$49.50, Only at Macy's,
macys.com, Web ID 2918414

BLACK & WHITE

Love all-black everything? Be a fashionista on prom night with a black & white ensemble that can stand out in the crowd. Add a hint of midriff & strappy stilettos and you're ready to walk the runway!

MADDEN GIRL DIRECT CAGED SANDAL,
\$59, macys.com, Web ID 2960360

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macys

Project Runway Junior

Meet Our Challenge Winner!

Seventeen's big task for the Lifetime competition's designers: Create a look that would pop against a New York City street mural.

Chelsea Ma, 15, was the star of the night with a cool leather dress (far right) that could definitely stop traffic.



"Try your best to believe in your instincts because they're usually right."

—Chelsea

How She Made It Work

1 Chelsea found inspo in the mural's background: "After staring at it for a while, I got the idea to make the entire dress out of stars." **2** She knew her idea was risky. "I only had \$300, and leather is expensive," says the L.A. native (at Mood). "I also had no backup plan. Luckily, it all worked out!" **3** When she showed her mannequin to mentor Tim Gunn in the workroom, "He had a poker face at first," she says, "but then he told me he loved it. It was the first great compliment I got!" **4** Judges Kelly Osbourne and Hannah Jeter fell in love with Chelsea's creation: "They said they would fight over it!"



Keys to Prom Style Success

It's all in the details! Steal these tips from **MONTE DURHAM** and **BETSEY JOHNSON**, hosts of TLC's *Say Yes to the Prom*, to crush it.

by JEN ABIDOR

→Put Your Best Foot Forward

"If you're not going to rock a four-inch platform all night, don't rock it in the beginning," Monte says. "You'll be happier if you wear a ballet slipper or a low heel [check out Millie Bobby's shiny pair, far right] so your look won't fall apart once it's time to start dancing."

→Have a Schedule

"Preplan your routine so that the whole day is just indulging in the prom experience," says Betsey. (Yes, the famous designer!) "Relax and luxuriate yourself all day long."

→Wear the Right Undies

Dresses made from sheer fabrics (like Emma's, right) are a big prom trend. "Skip the hot pink or jet-black underwear," Monte says, and play it safe with a skin-toned pair.

→Dance-Proof Your Dress

Going strapless like Kiernan (top)? "Add spaghetti straps as a backup," Monte says. (A tailor can do this if no one in your family sews.) "It won't change the look, and you can always tuck them in for photos. But once you start dancing, you can get the support you need and won't have to worry about your dress falling down."

→Go for Simple Makeup

"Your look should be clean: Make sure your skin is smooth, and keep color on your lips," Monte says. (Yara, below, is great inspo.) "And you don't need a heavy, smoky eye—a little mascara will do the trick."

→Nail Your Accessories

"Make sure your date knows what flower you want," Betsey says. "All your accessories—corsage included!—should reflect your style." Not sure where to start with jewelry? Says Monte, "Pearls are always appropriate."

Making Dreams Come True

Everyone deserves to go to prom, right? That's the idea behind TLC's *Say Yes to the Prom* initiative, which has helped nearly 1,000 underserved and academically high-achieving students across the country get everything they need for a magical night. Tune in to follow several students as they meet with style pros (including *Seventeen's* own Aya Kanai!) to create their perfect looks. You'll get some serious fashion and glam ideas while you hear their inspiring stories.

Watch It!
Say Yes to the Prom
Saturday,
April 1, at 8/7c
on TLC.



KIERNAN SHIPKA

MILLIE BOBBY BROWN

EMMA STONE

YARA SHAHIDI

BROWN: SHUTTERSTOCK. DURHAM: TLC/WALLING MCGARTY. ALL OTHER PHOTOS: GETTY IMAGES.



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DARE



CLUTCH
Ted Baker London, \$179,
tedbaker.com/us

DRESS
Camille La Vie,
\$370, clv.com

Ted Baker London, \$179
tedbaker.com/us

Camille La Vie,
\$370, clv.com

ZENDAYA

Unique Vintage, \$348,
uniquevintage.com

Forever 21, \$8,
forever21.com

LoveCulture
.com, \$35,
loveculture
.com

DRESS
Rachel Allan, \$698,
Diane & Co,
Freehold, NJ

Pandora
Jewelry, \$85,
pandora.net

Deco '20s

Hi, Gatsby #goals! Dresses with elegant beading and curve-loving lines are sophisticated *and* snatched.

David's Bridal, \$396,
davidsbridal.com

Glam Plan

Look jazz-club cool with deep tones on eyes and lips plus super-shiny strands.



Book of Eyes Eye
Quad in Ice Tears,
\$44, smithandcult
.com

BEAUTY Le Marc Lip Crème Lipstick in Bad Behavior 256, \$30, marcjacobsbeauty.com

3 COVERGIRL Easy Breezy Brow Shape + Define Brow Mascara in Soft Brown, \$8, drugstores

4 CHI Deep Brilliance Olive & Monoi Shine Serum, \$30, ULTA stores

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PROM 2016 video with
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featuring their hit song
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Sparkling '50s

Head-to-toe metallics with an Old Hollywood vibe will light up the room.

EARRINGS

Bebe, \$34, bebe.com

DRESS

Gianni Bini, \$249, dillards.com

DRESS

Envious Prom by Karishma Creations, \$579, estellessdresses.com

DRESS

Sherri Hill, \$850, sherrihill.com

DRESS

Mac Duggal Prom, \$798, macduggal.com

CLUTCH

Call It Spring, \$35, callitspring.com

SHOES

Imagine Vince Camuto, \$150, imaginevincecamuto.com

KYLIE JENNER

Glam Plan

Channel Marilyn Monroe with cat-eyes, bronzer, and red lips and tips.

1 RIMMEL LONDON

The Only 1 Matte Lipstick in Take the Stage, \$8, drugstores

2 BAREMINERALS

Invisible Glow Powder Highlighter in Tan, \$28, bareminerals.com

3 SALLY HANSEN

Color Therapy in Haute Springs, \$9, drugstores

4 PHYSICIANS FORMULA

Eye Booster Matte Lacquer Cream Eyeliner in Ultra Black, \$11, drugstores

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BRIDAL

ASHLEY BENSON

CLUTCH
Milanblocks, \$59,
milanblocks.com



DRESS
Cynthia Rowley,
\$448,
revolve.com



Mod '60s

Major minis and boldly colored geometric accessories are a go-go gorgeous combo.

DRESS
Osman, \$45 for
rental,
renttherunway.com



EARRINGS
BaubleBar, \$48,
baublebar.com



SHOES
Lulu's, \$45,
lulus.com

DRESS
Boohoo.com, \$40,
us.boohoo.com



DRESS
PromGirl, \$69,
promgirl.com



Glam Plan

A combo of big lashes, pale hues, and sleek hair will nail the vibe.

- 1 MAYBELLINE NEW YORK The Colossal Big Shot Mascara, \$8.50, drugstores
- 2 OPI Infinite Shine 2 in Funny Bunny, \$12.50, ulta.com
- 3 NEUTROGENA Hydro Boost Hydrating Lip Shine in Soft Blush, \$10, drugstores
- 4 GARNIER Fructis Style Frizz Guard, \$4.50, drugstores



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seventeen
prom
on newsstands now!



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WWW.JOVANI.COM



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MACDUGGAL.COM





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YOU CAN WIN...

The Dress OF YOUR Dreams!

Seventeen has partnered with some of the season's most exciting designers to give you a chance to **win the Prom gown of your dreams!** Entering is as simple as 1, 2, 3:

1

Go to **seventeen.com/dreamdress** and browse top looks from 7 designer brands (listed below).

2

Select one dream dress from each featured brand's collection.

3

Complete the entry form—don't forget to **include the style number** of your favorite gown from each brand!

BLUSH

Envious
COUTURE
BY KARISHMA CREATIONS

MacDuggal

JOVANI

RACHEL ALLAN



VAL STEFANI

Camille
LA VIE

GROUP USA
THE CLOTHING COMPANY

What are you wearing to Prom?

For more inspiration and the latest Prom trends from designers you love, pick up **SEVENTEEN PROM** on newsstands now!

Visit **Seventeen.com/Prom**



DREAM GOWN SWEEPSTAKES. NO PURCHASE NECESSARY TO ENTER OR WIN. Sponsored by Hearst Communications, Inc. Beginning 1/13/17 at 12:01 AM (ET) through 3/7/17 at 11:59 PM (ET), go to Seventeen.com/trending on a computer or wireless device and complete the entry form and follow the instructions pursuant to the on-screen instructions. Seven (7) Winners will receive a dress from one of the participating dress brands: Envious Couture, Rachel Allan, Camille La Vie, Val Stefani, Mac Duggal, Jovani, or Blush (ARV: \$200 each). Total ARV: \$1,400. Important Notice: You may be charged for visiting the mobile website in accordance with the terms of your service agreement with your carrier. Odds of winning will depend upon the total number of eligible entries received. Open to legal residents of the 50 United States and the District of Columbia who are between the ages of 15 and 24 in their state or territory of residence at time of entry. Void in Puerto Rico and where prohibited by law. Employees of Sponsor, its parents, affiliates and subsidiaries, participating advertising and promotion agencies, independent judging organizations, and prize suppliers (and members of their immediate family and/or those living in the same of household of each such employee) are not eligible. Sweepstakes subject to complete official rules available at Seventeen.com/trending.



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- ▶ Meet the Editorial, Marketing, Social Media, and Digital Teams
- ▶ Meet with fashion designers, entrepreneurs, and trend experts
- ▶ See a Broadway show!
- ▶ Check out Seventeen's top picks for the best neighborhoods to explore including SoHo, Meatpacking, and Brooklyn
- ▶ Tour the headquarters of top fashion brands like:

dormiFy

H&M

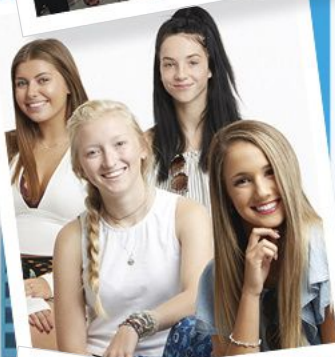
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LA

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- ▶ Participate in sessions led by the Seventeen Editorial and Publishing teams
- ▶ Visit top beauty brands and learn insider tips and tricks from experts and prominent beauty influencers
- ▶ Behind-the-scenes tours of top fashion retail stores and meet with fashion designers and trend experts
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BOMBER
GoJane, \$42,
gojane.com



CHOKER
Bebe, \$24,
bebe.com

Sporty

Dress up a satin bomber and shorts with velvet slides (heels work, too) and a cool choker. Athleisure FTW!

HAILEY BALDWIN



SHORTS
Boohoo.com, \$26,
us.boohoo.com



SHOES
Soda, \$32,
sodashoes.com

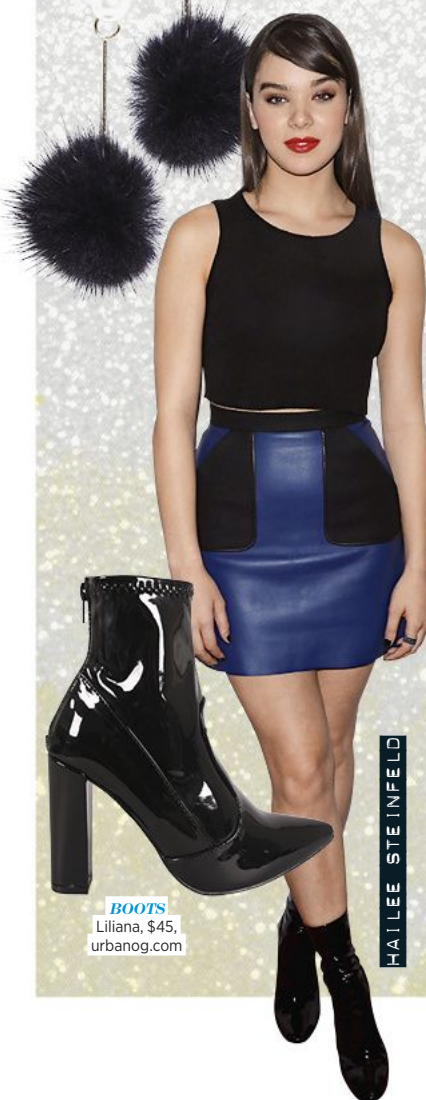


TOP
Forever 21, \$15,
forever21.com



SKIRT Missy
Empire, \$35,
missyempire.com

EARRINGS
Boohoo.com, \$8,
us.boohoo.com



Edgy

Keep an *almost* all-black look fun by mixing textures, like different types of leather and (faux) fur.

HAILEE STEINFELD



BOOTS
Liliana, \$45,
urbanog.com



TANK
H&M, \$50,
hm.com

JEANS
Old Navy, \$35,
oldnavy.com

Glam

Feel like slipping into your fave jeans? Just pair them with a sparkly top and metallic extras and you'll be fierce in a flash!



BACKPACK
Forever 21, \$20,
forever21.com



SHOES
Glamorous,
\$49,
lulus.com



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BEAUTY



Flip the page
for product recs
and style hacks
based on your
hair type.



Great Hair— *in Your* **Sleep!**

With these lazy-girl tricks, you
can spend more time snoozing
and less time styling.

BY MADDIE ABERMAN

Your Style Guide

Find your strand type below, then follow along on damp (not wet) hair to amp up your texture by morning.

Give Straight Hair Some Bend



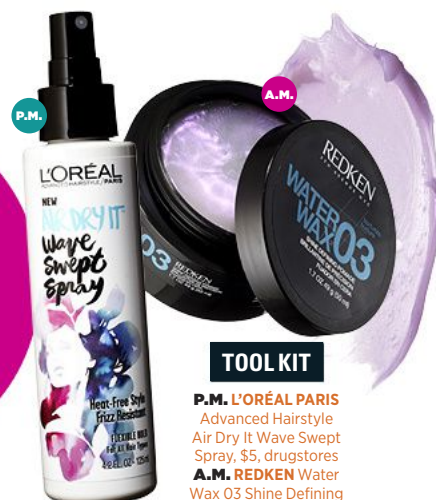
P.M.

Mist texture spray all over hair, then split it into two pigtails. Twist each tail away from your face, coiling them up into low buns. (If you're giving off Princess Leia vibes, you nailed it.) Secure with pins.



A.M.

Start toasting your Pop-Tart because this will only take a sec. Unravel the coils to reveal soft bends, then run a wax through ends for a disheveled, piece-y finish.



TOOL KIT

P.M. L'ORÉAL PARIS Advanced Hairstyle Air Dry It Wave Swept Spray, \$5, drugstores
A.M. REDKEN Water Wax 03 Shine Defining Pomade, \$19, ULTA stores

Make Waves Look Beachy



P.M.

Prep with styling lotion and make pigtails. On each side, split the tail and form a rope braid by twisting the halves away from your face, then wrapping them around each other *toward* your face. Secure ends with a hair tie.



A.M.

Wake up, untie, and unravel. "When the ropes come out, they'll create face-framing waves," says hairstylist Annie Rush from NYC's Marie Robinson Salon. Spritz on salt spray for a cool matte effect.



TOOL KIT

P.M. GARNIER Fructis Style Smooth Air Dry, \$4, drugstores
A.M. NOT YOUR MOTHER'S Beach Babe Soft Waves Sea Salt Spray, \$7, ULTA stores

Loosen Up Your Tight Curls



P.M.

Work in a hydrating curl pudding (moisture is key for defining strands), then make six to eight tight braids randomly all over. "Start them all the way up to your scalp to promote volume at the roots," says Rush.



A.M.

Take out all the braids, then loosen them up *super*-gently with your fingers. (Friction causes frizz—the enemy!) Mist a spray oil all over for added shine, and you're good to go.



TOOL KIT

P.M. PANTENE Gold Series Curl Defining Pudding, \$8, drugstores
A.M. TRESEMME Botanix Damage Recovery Oil Elixir, \$5, drugstores

THE BACKUP PLAN →

Don't freak over a wonky piece in the a.m. Touch it up with an oblong iron, like GHD Curve Classic (\$245, sephora.com). This ultra-unique oval barrel will create imperfect curl shapes that blend in easily with your air-dried hair.



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ROLL OUT OF BED
AND READY IN FIVE

YES YOU CAN

INSTANTLY REFRESH YOUR HAIR
IN-BETWEEN WASHES



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BATISTEHAIR.COM



BOLD *Makeup*

Color is everywhere! If you love it already or you're more of a neutral kind of girl, check out these seven ideas for standing out this spring.

BY MADDIE ABERMAN

RED LIPS = LOVELY. SPARKLY RED = LIT.

Swipe on a wine-toned lipstick, then tap poppy glitter (a makeup, not craft, version) on the center of your lips. The bright flecks will give dimension to the dark base and catch light to make your pout look bigger. (For an epic Boomerang, click on your LuMee and pucker up!)

1. SPARKLY LIPS



L'ORÉAL PARIS
Infallible Paints
Lip Color in Sultry
Sangria, \$10,
drugstores

DKNY



STEP 1
FILL IN BROWS

STEP 2
FLUFF + BLEND SEAMLESSLY

KABUKI BLENDER BY BROW STYLIST

Barbara Palvin

lorealparisusa.com



PRO TIP: FOR AN UNDONE
BROW LOOK, BRUSH HAIRS
IN OPPOSITE DIRECTION.

DEFINE YOUR BROWS,
EXPRESS YOURSELF.
FROM NATURAL-LOOKING
TO STATEMENT-MAKING BROWS
BECAUSE YOU'RE WORTH IT.™

NEW



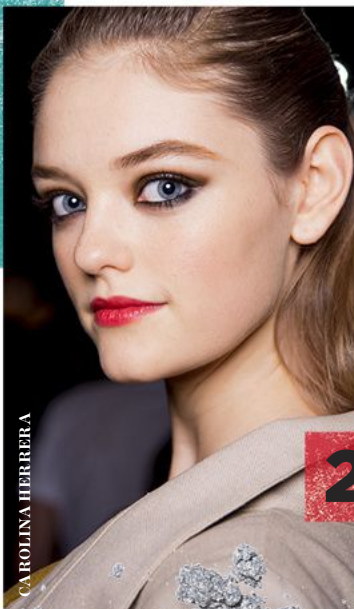
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CAROLINA HERRERA



CAROLINA HERRERA

2. DOUBLE IMPACT

FORGET THAT OLD-SCHOOL RULE OF PLAYING UP ONLY ONE FEATURE. Smoky gunmetal eyes and cherry lips are a new classic. Liner is key to this fierce look, so draw an inky black liquid close to top and bottom lashlines, then smudge with metallic shadow.



CHANEL Le Rouge Crayon de Couleur Jumbo Longwear Lip Crayon in Rouge, \$37, chanel.com

L'ORÉAL PARIS Infallible Paints Eyeliner in Black Party, \$10, drugstores



YSL BEAUTÉ Couture Variation Palette in Underground, \$95, yslbeauty.com

3. BRIGHT SWIPES

INTRODUCING: FLOATING LINER! These streaks might seem out there, but they're a fun way to add color if you're a minimalist. Run a cream shadow (any color works!) from the bridge of your nose to the outer corner of each eye, staying above the crease. Brushed-up, groomed brows keep it clean and modern.

MAKE UP FOR EVER Aqua Cream in Red, \$23, makeupforever.com
L'ORÉAL PARIS Brow Stylist Plumper Gel, \$9, drugstores



SALVATORE FERRAGAMO



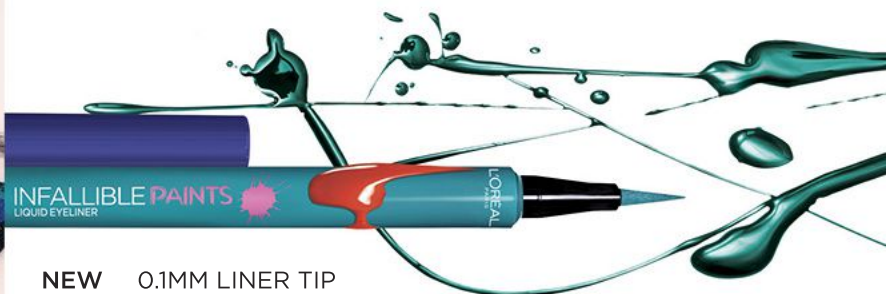
INFALLIBLE
PAINTS
LIQUID LINER

Barbara Palvin
Intrepid Teal

lorealparisusa.com/paints



GO PAINT YOURSELF
ULTRA-PRECISION TIP.
HIGH IMPACT COLOR THAT LASTS.
BECAUSE YOU'RE WORTH IT.™



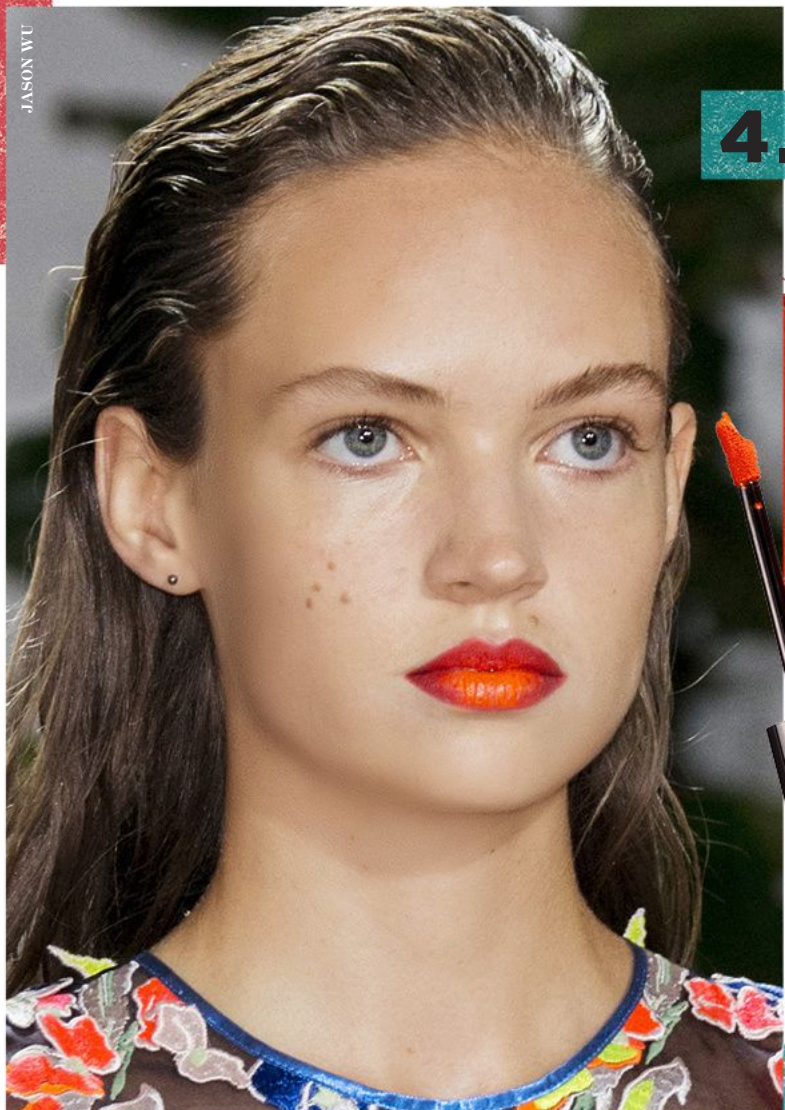
NEW

0.1MM LINER TIP
GLIDES ON
SMUDGE-RESISTANT



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4. ART EFFECT



THINK OF THIS AS NO-EFFORT LIP ART:

It requires only two colors (fiery red and vivid orange) and about one minute. Start with the red just around the edges of lips, dab orange in the center, and then blot to blend.

L'ORÉAL PARIS Infallible Paints Lip Colors in Orange Envy and DIY Red, \$10 each, drugstores

5. FLORAL FLUSH

FRESH Sugar Lip Treatment in Bloom, \$24, Sephora stores
L'ORÉAL PARIS Infallible Paints Eye Shadow in Sunset Fire, \$10, drugstores



JUST LIKE JOINING A J.V. TEAM, YOU HAVE TO START SOMEWHERE.

Experiment with brights by blending a coral-pink cream shadow on your lids and cheeks. Then swipe on matching balm. "It's like dressing all in one shade," says L'Oréal Paris brand ambassador and makeup artist Sir John. "You can't go wrong."



EMILIO DE LA MORENA

EMILIO DE LA MORENA



STILL LIVES: (L'ORÉAL PARIS) COURTESY OF BRAND; (FRESH) JEFFREY WESTBROOK/STUDIO D. RUNWAY PHOTOS: (CLOCKWISE FROM TOP LEFT) ARMANDO GILLIO/IMAX TREE; IVAN LAT TUAU/IMAX TREE; GORDON WAT.

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6. SCARLET HAZE

A RED SMOKY EYE MAY SOUND SCARY, but a soft wash of the shade over eyes and lips equals instant romance. For a look like this one, trace maroon gel liner on upper and lower lashlines to define eyes, then sweep matching shadow over the entire lid. Just keep your waterline clear of the color, which can make eyes look irritated, says Sir John. Keep it monochromatic with rosy lips.

MARC JACOBS BEAUTY Highliner Matte Gel Eye Crayon in (Fine)Wine, \$25, Sephora stores



L'ORÉAL PARIS Infallible Paints Lip Color in Nude Star, \$10, drugstores



NARS Dual-Intensity Eyeshadow in Desdemona, \$29, narscosmetics.com

ANNA SUI

7. CHEEKY POP

BLUSH ON THE APPLES OF YOUR CHEEKS? SO LAST YEAR!

Using a light hand, bring a reddish-pink powder across your cheekbones and up to your temples.

The surprising placement (where you'd typically put highlighter) and reddish hue mimics a winter flush and warms up your face. Keep the rest of your makeup to a minimum. "Let the blush be the focus," says Sir John.



L'ORÉAL PARIS Infallible Paints Blush Palette, \$17, drugstores

EXPAND YOUR PALETTE
Three more ways to wear color!



Swap out black mascara for a cobalt-blue version. Ease into the color by swiping it on tips only, or go full-on bold by coating top and bottom lashes.

L'ORÉAL PARIS Voluminous Original Mascara in Cobalt Blue, \$9, drugstores



If there's another color giving red a run for its money this season, it's yellow. Kick nails up a notch with a couple coats of this near-neon chartreuse.

DIOR Vernis Nail Lacquer in Early, \$27, dior.com



Add a white liquid liner to your stash and use it to update your go-to looks. Our fave trick: a thin white line stacked on top of a black cat-eye.

L'ORÉAL PARIS Infallible Paints Eyeliner in White Party, \$10, drugstores



FELINE

BY VOLUMINOUS

SIMULATION OF PRODUCT RESULTS ON
LASHES ENHANCED WITH LASH INSERTS.

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QUICK-CHARGE BRUSH
CAPTURES EVERY LASH

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0.1MM TIP FOR A PRECISE
CAT EYE FLICK

UNLEASH YOUR INNER WILDCAT.
INSTANT VOLUME AND FEROCIOUS
FULL LASH DENSITY.
BECAUSE YOU'RE WORTH IT.™



NEW
QUICK-CHARGE
BRUSH

COMPLETE YOUR LOOK WITH
LINER NOIR

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beauty NEWSFEED

These hot new products will basically change your life.

BY KATE FOSTER



Emma Watson in *Beauty and the Beast*, out March 17.

Belle Bottles

Be our guest, be our guest, and put Morgan Taylor's new *Beauty and the Beast*-inspired polishes to the test. From a baby-blue cream to a shimmery gold top coat, your mani game is about to be fierce.



MORGAN TAYLOR
Nail Lacquer in (clockwise from top) Gaston and On and On, Be Our Guest, The Last Petal, Days in the Sun, and Enchanted Patina, \$9 each, morgantaylornailacquer.com

Video Stars

YouTubers like Jaclyn Hill and Manny Mua obsess over Benefit's boxes o' powder for the obvious reasons: That adorbs packaging! The natural color! And now there's even more to love. Benefit is releasing a sparkly highlighter spin-off of its Dandelion blush, plus a lighter version of its legendary Hoola bronzer—perfect for pale complexes.

BENEFIT Hoola Lite Bronzing Powder and Dandelion Twinkle Highlighting Powder, \$29 each, benefitcosmetics.com



ARM CANDY

Ever felt like your deo's scent has ghosted? In reality, you've just gotten too used to it. Secret's new stick has the fix: undetectable sulfur, which neutralizes your nose so you'll always get a whiff of the fragrance.

SECRET Fresh Collection Invisible Solid in Wild Sugar, \$5, drugstores

YOUR SPRING LIP LINEUP

Thanks to these epic new formulas, your pout will look prettier than ever.

1 The same sheer glossy tint you love from an XL crayon.

CLINIQUE Chubby Plump & Shine Liquid Lip Plumping Gloss in Va Va Va Violet, \$17, clinique.com

2 A matte liquid lipstick with vitamin E to prevent cracking or caking.

BOBBI BROWN Art Stick Liquid Lip in Pink Punch, \$28, bobbibrowncosmetics.com

3 A tube packed with shimmer and moisturizing coconut oil.

CHANEL Rouge Coco Gloss Moisturizing Glossier in Rose Pulpe, \$30, chanel.com





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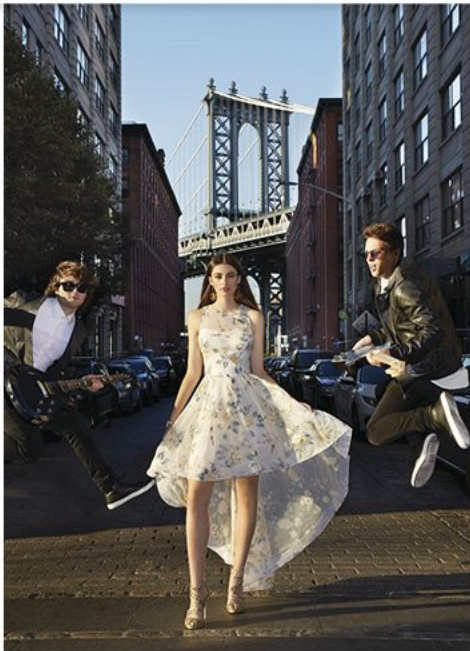
TRENDING@seventeen

PROMOS EVENTS SWEEPS

Too Pretty for Prom

Camille La Vie and Group USA are launching their "Too Pretty" Prom campaign for 2017 by partnering with Wesley and Keaton Stromberg from Emblem3. These gorgeous guys helped kick off the Prom season with a photo shoot and a fab BTS video featuring their hit song "Too Pretty."

GO TO CLV.COM TO WATCH AND CHECK OUT THE HOTTEST NEW PROM STYLES!



Enter Now! You Could Win the Prom Dress of Your Dreams!

Seventeen and the top Prom designer brands below invite you to browse their latest collections, select your favorite gown from each, and enter for the chance to win it!

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ENVIOUS COUTURE
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Enter for your chance to win the ultimate Prom from Dillard's and Seventeen. Three winners will each receive a \$1,000 Dillard's gift card plus a gift from Seventeen. One of the three winners (chosen at the sole discretion of the Sponsor) will also receive a style consultation with a Seventeen Style Pro, hair and makeup, a photographer and limo, all provided by Seventeen.

TO ENTER, AND FOR OFFICIAL RULES, VISIT DILLARDSPROMPERFECTSWEEPSTAKES.COM.

Prom #GlamGoals

The Glam App has curated an exclusive collection of beauty looks to pair with this season's hottest prom dress trends. Visit blog.theglamapp.com for prom beauty inspo and use promo code SEVENTEENGLAM to receive 10% off your Glam App appointment to get gorg for your big night!

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Organize Like a VLOGGER

Attention, beauty hoarders! Your fave YouTubers are here to get your stash under control.

BY ERIN STOVALL



Get the Must-Have Organizer

"I love my Alex drawers from IKEA. So many vloggers have them! The key is to keep your everyday products separated from special-occasion stuff. It makes it much faster to get ready in the a.m."

—Alisha Marie, [alishamarie](#)



STEP 1

Manage Your Makeup

Color-Code

"Inside my drawers, I have separators from Muji to keep everything organized by shade."

—Zoe Sugg, [zoella](#) and creator of Zoella Beauty

Think Outside the Box

"Some of the best organizers that I have are from the kitchen section of a store. Utensil organizers are amazing for eyeliners or lip pencils."

—Meghan Rienks, [meganrienks](#)

Avoid Product Overload

"Streamline your makeup by only using one of each thing at a time. So for eyeliner, I keep using the same one until it's gone, same for mascara, and everything else. This way, I don't have 100 half-used products that don't get finished before they expire."

—Aspyn Ovord, [aspynovord](#) and Pixi Beauty Collaborator

Practice Maintenance

"By the end of a makeup session, everything is haphazardly thrown on my counter. I have weekly cleaning sessions to stay neat."

—James Charles, [jamescharles](#) and the first male CoverGirl

These are
A FEW OF MY
Favourite
THINGS

Zoella

Don't Let Minis Go Missing

"I keep my travel-size products in one designated makeup bag. When they're all in one place, I can just delve through that before going away."

—Zoe Sugg

Enter for a Chance to Win

one of three Zoella Beauty makeup bags (signed by Zoe herself!) at [seventeen.com/freebies](#). See page 135 for rules.





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SENSITIVE SKIN EXPERTS

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For cleansers that #MakeUp4Makeup
visit SimpleSkincare.com





STEP 2

Straighten Up Your Nail Polish

Keep Everything Within View

Try stashing your bottles in a little clear bowl (this one is **Asbyn Ovard's**) so that it's easy to see all of them at a glance. It'll help you keep your collection small too!

Swatch Your Caps

"Julep's polishes come with removable sleeves over the caps so that you can paint a color swatch on each lid. It makes it super-easy to find the color you're looking for. You could do the same with other brands: Cut a small square of white self-adhesive label, paint it, let it dry, and then stick it on the cap."

—Naomi Farr, [@sweetvioletbeauty](#)



STEP 3

Handle Your Hair Products

Prevent Cord Mayhem

"After I've used a hot tool, I let it cool, then neatly wind the cord around it before placing it in a basket under my sink. It only takes a few extra seconds and prevents everything from getting tangled, which is such a headache!"

—Heart Defensor, [@thatheart](#)

Keep Things Handy

"I have a big basket of styling products (hairsprays, dry shampoo) and brushes, plus a basket for hair tools like curling irons and straighteners. It's important to make sure they aren't too full so that I can easily grab whatever I need without digging."

—Asbyn Ovard



AMIKA 4P
Interchangeable
Barrel Curler, \$175,
[sephora.com](#)



Upgrade Your Tools

"Consider trading in a bunch of regular curling wands for one with interchangeable barrels—they're great space-savers."

—Meghan Rienks





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STEP 4

Sort Out Your Skin Care

Get in Formation

“‘Stock’ your products on a shelf like they are at a grocery store: the older ones in front and the newer ones in back. This way, you’re never using expired stuff that could cause breakouts. (Put them in the order you use them, from left to right, too.)”

—Morgan Stewart,
@morgansbreakdown

Use the Medicine Cabinet

“It keeps counters clear, plus it protects products from steam, which can alter their formulas.”

—Morgan Stewart

Learn to Let Go

“If you have a million skin-care products, think to yourself: If I went to the store right now, would I buy this again? If the answer is no, then you don’t need it.”

—Meghan Rienks

Rotate Your Routine

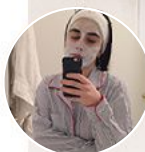
“Switch out products seasonally as your skin changes. My current lineup gets placed in my cabinet, and anything I’m not using gets placed in a bin under the sink.”

—Joelle Hyman,
@joellehyman

Upcycle Old Candles

“They make great decorative storage. When there’s only a thin layer of wax left on the bottom, freeze it for a day. Then take a knife and cut the wax into chunks (they pop out really easily) and wipe away residue with a disinfecting wipe.”

—Joelle Hyman



Pro Organizer Hacks

Need help putting together a game plan? Expert organizer Joanna Brumberger has got your back.

1

“Before buying storage units, **measure how much room you have.**”

Then bring a measuring tape with you to the store so you’ll get exactly what you need.

2

If you can’t get motivated, enlist your bestie! “**Ask your most organized friend to help** keep you on track. Gift her with excess products as a thank-you.”

3

Think vertically: “Don’t throw everything on the bottom of your bathroom cabinet. **Use stacking bins.**” You’ll fit more, since everything is not just on one level surface.

4

A label maker is your new best friend. (You can find cheap ones on Amazon.) “Labels aren’t permanent and they definitely help you keep everything where it belongs.”

5

Keep your stash in check with the “**One In, One Out**” Rule. “Once you get to maximum capacity, don’t buy anything else unless you’re willing to toss something.”

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bliss flip™**
Lush, satiny formula
with silk extracts



**ultra moisturizing
bliss flip™**
Creamy, rich formula
with shea butter



ban the burn

Crispy skin isn't cute!
Join *Seventeen*
in our mission to
be skin smart.

You say:
“I’m just
going a
few times
for prom!”

Reality Check

Even if you go to a tanning salon only once or twice after school, you’re still putting your skin at risk for cancer. Just one session (it doesn’t matter if you burn or not—any change in skin tone is a sign of damage) will up your chance of developing the two most common forms of skin cancer, basal and squamous cell carcinoma, by 29 and 67 percent, respectively. Yikes!

You say:
“Vitamin
D is great
for my
mood!”

Reality Check

UVB rays (the ones that turn you red if you’re outside sunscreen-free) produce feel-good vitamin D in skin. Tanning beds, however, emit mostly UVA rays, which means you’re not getting any positive effect—just risk! Hanging out with your friends or exercising are much safer (and more effective) ways to boost your mood. (If you do it outside, don’t forget SPF.)

You say:
“It helps
clear up
my skin!”

Reality Check

Tanning doesn’t actually nix zits—it just helps hide them. (The skin around the pimple darkens, so the zit stands out less.) But as your tan fades, acne almost always gets worse. “UV rays dry out skin, forcing it to make more oil, which leads to breakouts,” says NYC-based dermatologist Whitney Bowe, M.D. Another downside: UV rays make scars or spots from prior breakouts even more noticeable.

TEMPTED TO TAN?

Read This First!

We’re busting your excuses for hitting a booth or a bed. Plus: easy ways to get a gorge (faux) glow at home.

BY LAUREN BALSAMO

TANNING BY THE #s

Using a tanning bed before the age of 35 can increase your chance of melanoma (the deadliest form of skin cancer) by

59%.

Women
younger
than 30 are

6x

more likely to
develop
melanoma if
they tan
indoors.

59%
of college
students and

17%
of teens
have reported
using a
tanning bed at
least once!

Try Self-Tanner



... With Your Makeup

This bronzer and base contain low levels of self-tanner for subtle color both now and later.

VITA LIBERATA Trystal Pressed Minerals, \$35, ulta.com

ALMAY Healthy Glow Makeup + Gradual Self Tan, \$15, drugstores



... As You Moisturize

A glycerin-rich lotion that gives instant color *plus* a beach-babe bronze in eight hours? Score!

ST. TROPEZ Self Tan Bronzing Lotion, \$42, Sephora stores



... In the Shower

Try this moisturizer on wet skin for a hint of tint in a week.

JERGENS Natural Glow Wet Skin Moisturizer, \$9, drugstores

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skin: primer,
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Medium, \$7,
drugstores

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"spring break"
like an ocean-
inspired mani.

OPI Nail Lacquer in
Suzie Without a
Paddle, \$10, ulta.com

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Roy G. Biv craze with
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WET N WILD Color Icon
Rainbow Highlighter, \$6,
Walmart stores

Crown Around

A mask that looks like
your fave Snap filter
and is spiked with
hydrating flower
extracts to get skin
glowing? Love.

FACE INC. Flower
Power Hydrating Sheet
Mask, \$6, nailsinc.com

cheap THRILLS

Babes on a budget,
you'll ♥ these finds—just
\$10 or less!

BY ERIN STOVALL

Daily Do

Slip a bobby into
your topknot and
count down to the
weekend in style.

TA-DA Days of the
Week Bobby Slides, \$8
for seven, target.com

So Handy

This petite cream
is as cute as all
those YouTube
panda vids.

MISSHA Love
Secret Hand Cream
in Cotton White, \$4,
misshausa.com

Yaaas, Clean!

Buff with this
every day to keep
the pimples away.

ECOTOOLS
Facial Cleansing
Brush, \$6,
ecotools.com

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An oil-infused balm is
the secret to bright,
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dry out.

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Balm Crayon in Creamy
Coral, \$7, drugstores

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Hit lashes with
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V for V.O.L.U.M.E.
Mascara in Turquoise,
\$10, sephora.com

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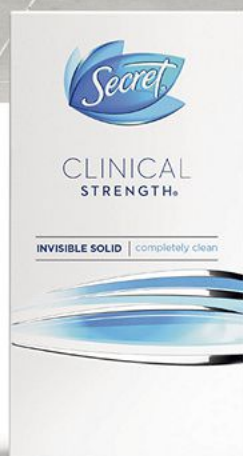
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**DON'T
PIT OUT
WHEN
YOU
STRESS
OUT.**

BODY & HEALTH

Feeling Sluggish?

The next time you're workout-weary, have a green juice or eat some kale. Research shows that emerald-colored veggies will help boost your energy, so you can rock your fitness routine.

Get Fierce In 5!

Memorize these five moves from **Shaun T**, creator of the Insanity workout) and you'll have everything you need to feel strong, energized, and confident. >>>

1 HEISMAN

TARGETS: ABS

1 / Imagine you're a football player about to run through a tire drill—but standing in place. With feet hip-width apart, bring your right knee up as high as you can, then the left knee—movements should be quick, and your arms should cross your body as if you were sprinting.
2 / Do this for 1 minute.

2 SWITCH KICKS

TARGETS: CORE

1 / Stand with your feet together.
2 / Alternate kicking your left leg forward, and then your right, as quickly as you can; arms should be tight to your side and hands clasped together in front of your chest.
3 / Repeat for 1 minute.

Round Out Your Workout!

Do 15 minutes of cardio before starting these moves and you've got a complete fitness routine.

3 POWER JUMPS

TARGETS: LEGS & ABS

1 / With your feet hip-width apart, drop into a squat, swinging your arms straight behind you. Your weight should be on your heels.
2 / Jump up, bringing your knees to your chest (or as high as you can go); tap your hands on your thighs.
3 / Land softly. Repeat for 1 minute.

4 PUSH-UP JACKS

TARGETS: ARMS, CHEST & ABS

1 / Get in a push-up position. Your back should be straight, your arms extended without locking your elbows, and your hands slightly wider than your shoulders. Squeeze your glutes and abs.
2 / Lower your body to the ground (bending your arms to a 90-degree angle), then hop your feet out and in once, like a jumping jack. Return to start.
3 / Repeat for 1 minute.

5 IN & OUTS

TARGETS: ABS, ARMS & SHOULDERS

1 / Get in a plank position, with feet and hands shoulder-width apart. Make sure not to let your hips drop, and keep your core engaged.
2 / Jump your legs in—you'll look like you're crouching—making sure to keep your hands on the floor.
3 / Jump back to the plank position. Repeat for 1 minute.

Killing It?
Don't just stop at one series—keep it going for another round for an added challenge.

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Tampax Pearl gives you
20% better protection
than the leading
athletic tampon.*
*Among regular absorbency.



power
OVER PERIODS™

TAMPAX

Next-Level SNACK HACKS

Bye, boring treats! Instead, try these tasty twists from health coach **Brittany Mullins** (@eatingbirdfood).

by LUCY SAXTON

CHOCOLATE & ALMOND BUTTER

Apple Nachos

Makes 1 serving
INGREDIENTS

- 1 apple, sliced
- Sprinkle of cinnamon
- 3 tablespoons almond, peanut, or nut-free butter
- ¼ cup mix of mini chocolate chips and your favorite nuts

INSTRUCTIONS

- 1 / Place apple slices on a plate and sprinkle them with cinnamon.
- 2 / Heat almond butter in the microwave for 30 seconds; it should be melted enough to pour. Drizzle over apples.
- 3 / Top with chocolate chips and nuts.



NO-BAKE BLUEBERRY

Doughnut Holes

Makes about 2 dozen (Share 'em!)

INGREDIENTS

Dough:

- 1 cup pitted dates (about 16)
- ¾ cup raw cashews
- ¾ cup dried blueberries
- ¾ cup rolled oats

- 1 teaspoon vanilla
- 1 teaspoon lemon juice
- Pinch of salt

Coconut-Maple Glaze:

- 3 tablespoons coconut oil
- 2 tablespoons maple syrup

INSTRUCTIONS

- 1 / Place dough ingredients into a food processor; pulse until the mixture is loose and crumbly like sand.
- 2 / Place a tablespoon of the dough into your hands and roll it into a ball. (Wet hands make this easier.) Repeat with the rest of the dough. Freeze balls for 30 minutes on a cookie sheet.
- 3 / In a shallow bowl, mix coconut oil with maple syrup, then roll each ball in the glaze. Place back in the freezer to harden.



HUMMUS & VEGGIE

Mini Pizza Bites

Makes 2 servings

INGREDIENTS

- 1 medium zucchini
- ¼ cup red pepper hummus (or any flavor)
- 5-7 button mushrooms, chopped
- 1 small red pepper, chopped
- 1 tablespoon fresh basil, chopped (optional)

INSTRUCTIONS

- 1 / Slice zucchini into ¼-inch-thick coins.
 - 2 / Spread a teaspoon of hummus on the top of each coin, then sprinkle the mushrooms, red pepper, and basil on top.
- TIP:** Feel free to swap in or add any toppings you like!



THE EDIT BY
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THE EDIT
BY *seventeen*



From floral
and flirty to
outright edgy,
the season's
new arrivals are
decidedly fresh.

★ macy's

Is Your Locker MAKING YOU SICK?

If you're guilty of having any of these icky things, you could be messing with your health. Time for a little spring cleaning! **by ANDREA STANLEY**

1 / Dirty Gym Clothes

When sweaty P.E. gear is balled up in a confined space, the damp material becomes a breeding ground for mold, bacteria, and even dust mites, says Kelly Reynolds, Ph.D., a microbiologist at the University of Arizona in Tucson. Uh... ew. Not only can wearing it cause your skin to break out, but having the germ particles in the air can also make allergies flare up. It's time to take those clothes home for a wash, okay?

2 / Forgotten Food

Perishable items like fruit or a sandwich have a short shelf life, but even dry goods like chips go bad faster in a locker. Why? It's an enclosed area where temps are hotter and there is reduced air flow, Reynolds says. Snacking on spoiled food can give you stomach problems, so even if you're feeling hungry and pretty sure that half-eaten granola bar has only been there a few days, you should still toss it.

3 / Dust Buildup

A stack of books you haven't touched in months can lead to tomorrow's sick day. Here's why: Viruses are sticky, so the more dirt and lint that are hanging out in your small space, the more they have to cling to—and the greater your chance for picking up a bug. Every few weeks, wipe down your locker contents to remove any dust.

4 / Messy Clutter

Treating your locker like a trash bin can make *you* feel like garbage. In fact, a study found that crazy clutter makes you stressed. To keep things organized, use magnets to hang loose papers and little baskets to store random items, like hair ties. Taking a second to get organized may sound like a time suck, but the research also found that cleaning up can help you feel more energized.

5 / Exposed Surfaces

This one you can't avoid. When you grab your locker handle, you're probably touching something that is covered in more germs than a toilet seat. Think about it: Every time you open the door, you're transferring germs you may have picked up from the bus, shared desktops, or cafeteria tables, Reynolds says. You don't need to be a math genius to know that's a hell of a yuck. Don't freak—just keep antibacterial wipes on hand.





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LIFE HAPPENS IN 5

LOVE & LIFE

Current obsession on broadcast TV: *Riverdale* (Thursdays at 9/8c on The CW). We ship Archie and Betty, below.



Binge-Watch With Benefits

Could watching Netflix with your BF or GF be the secret to a better relationship? Actually, yeah! A recent study found that having a solid connection requires common interests, but that can be tough if you two hang with different squads or have separate hobbies. Sharing a show gives you something to bond over—a love (or dislike) of characters creates closeness, and it's a good excuse for texting, “How you doin’?” (Don’t get the reference? Time to stream *Friends*!) The research looked only at romantic couples, but hey, in the name of science, it’s worth a *Gilmore Girls* marathon with a friend or family member to see if it has the same effect. —Lucy Saxton



When was the last time you said sorry? (Bieber sing-along doesn't count.) Chances are, it wasn't that long ago: Stats say people utter it up to eight times a day—and girls use it twice as much as guys. You may even apologize when it's not your fault, like when somebody bumps into *you*. The word *sorry* is used so often now that you probably aren't very good at apologizing when the situation truly calls for it, like after you've *really* messed up. (Japan actually has “apology agencies” that send someone else to do your dirty work!) But “tackling issues head-on is key to maintaining long-term relationships,” according to life coach Caroline Carr, who gave these tips on how to do it right.

THE S-WORD IS SO OVERUSED THAT IT'S BECOMING MEANINGLESS. HERE'S HOW TO MAKE AN APOLOGY COUNT.

BY SOPHIE GODDARD
ILLUSTRATIONS BY GEMMA CORRELL

1 Say it only when you mean it.

An apology acknowledges you've upset somebody and shows you're willing to take responsibility. Saying “I'm sorry you feel that way” when you *don't* regret your behavior will only make the other person angrier.

4 Go low.

Looking overpowering or aggressive will create a sense of unnecessary hostility. If the other person is sitting down, join them at their level—don't tower over them. Sit confidently (no fidgeting!) and focus on your delivery, maintaining eye contact throughout your conversation.

2 Avoid an ambush.

Let the other person know beforehand you want to talk; don't suddenly approach them at their locker. Face-to-face delivery is ideal (for one thing, you'll be able to see their reaction and vice versa). If that's not possible, a sincere letter or e-mail is second best, but a warning: It could leave room for misinterpretation. If you have to do it over the phone, text first to make sure they're not in a room full of other people.

5 Don't talk at them.

Aim to have a discussion, not deliver a speech. First, explain why you did what you did to show that you know *why* you're sorry. Say, “I realize what I did might have been hurtful and I feel bad about that—this is why it happened.” Then apologize. (Never say “I'm sorry, but . . .”) Admit you were wrong and make it clear you'd like to move on. Ask them how you can make it right—and do it (within reason).

3 Don't leave it hanging.

If you let things fester, resentment can grow. Made a small mistake? Apologize as soon as possible to clear the air. Something more serious? A rushed “Sorry, my bad” will sound empty. Give yourself time to think through an apology. Try jotting down your thoughts to get clarity and feel more prepared—you could even run it past somebody you trust.

6 Accept the response—even if it's negative.

If you've really upset somebody, they might not be prepared to let it go immediately. Give it time and don't expect forgiveness right away. Respect their decision, and emphasize that whatever you did won't happen again.

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01-17

Prom MONEY SAVERS

Focus on having fun—
not breaking the bank.

by LUCY SAXTON



Why spend money on a limo? Have a friend or relative drive you—just think of it as Uber Prom. (Bonus if they have a big car!)

Your Dress: Think Outside the Mall

Could buying off the rack throw your budget out of whack? Try these ideas:

→Vintage Store

If you love retro glamour and want to guarantee you won't be twinning with another girl at the dance, look for a gown at local vintage shops. Buy smart: Skip anything with stains (they won't come out), and hold garments up to the light to check for holes. Also, be wary of dresses where the fabric feels light and the sequins or beads feel heavy. You may come unraveled by the end of the night!

→Resale Shop

This is where to go to find gently used (sometimes never-worn) pieces from the past few seasons. If you find a dress you love, ask about the store's markdown policy. A lot of places discount items after they've been on the racks for a certain amount of time—30, 60, or 90 days—so if you're close to one of the markdown dates, you may get an even better deal.

→Online Rental

Sites like Rent the Runway allow you to rent, for example, a \$1,400 gown for just \$110. *Ka-ching!* Plus, they offer dresses by a variety of designers in a wide range of styles and sizes. (You can even try a bigger or smaller backup for free.)

Your Bling: Borrow It

"I love to wear vintage jewelry from my mom, grandma, or other family members," says Jordyn, 18, from San Jose, CA. "It's stylish, sentimental, and free!" If their sparkles aren't your taste, gather your BFFs—and their jewelry stashes—and make some temporary trades.

DIY Boutonnieres

Use this how-to from Amy McCord of flowermoxie.com. What you need: green stem tape, greenery, flowers (grocers have cheap options—and look for spray roses, which are sturdy), six inches of ribbon, glue dots, and two straight pins. You can make these one to two days beforehand and store them in the fridge.



1/ Group the greens and flowers, then wrap the center of the stems with green tape. Leave the ends long so you can put them in water.



2/ Take the ribbon, place a glue dot on one end, and then wrap it over the green tape. Secure the other end with another glue dot.



3/ Trim the ribbon; place the stems in water (ends only—don't get the tape or ribbon wet). Use pins to stick it on your date's lapel or dress!

Your Glam: Enlist Help

There's no need to stress about perfecting a cat-eye, an updo, or nail art alone in your room! Here are creative and wallet-friendly ways to put together your look.

→Makeup

On prom day, visit a beauty counter at your local department store. Getting cosmetics done there is usually free, although you may be expected to buy one of the products used on you. Another option: Head to a Sephora (where small makeup applications don't cost anything) and ask one of the artists to do just your eyes—you can definitely handle blush and lips yourself!

→Hair

"I found styles I liked on Pinterest, then my mom and I watched YouTube tutorials and she did my hair," says Eva, 20, from Jacksonville, FL. "It turned out great—and it cost just \$4.99 for a cute pin!" Speaking of hair accessories: Don't spend a fortune. Places like Target have luxe-looking options on the cheap.

→Nails

Clean manicured nails are always chic. File yours so they're smooth and an even length, and then swipe on a coat of clear polish. It'll be just enough to make it look like you put in some effort.

Your Dinner: Shop Around

Buy a discounted gift card to pay for dinner at a fraction of the cost. (Check out restaurant.com.) Not feeling a fancy meal? Go the chill route and get friends together for a preprom potluck.

Expert: Catey Hill, author of *Shoo, Jimmy Choo! The Modern Girl's Guide to Spending Less and Saving More*.

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by LUCY SAXTON

COLLEGE

DID YOUR DREAM SCHOOL TURN YOU DOWN?

Rejection sucks, especially when it comes from a college you loved. But you *can* overcome the blow—and move on. Trust.

🙄 Own the fact that you're upset . . .

If your brain or body ache, you're not imagining things. Just like a physical injury, the feeling of being passed over can cause the part of the mind that transmits pain to be activated, says Gail Saltz, M.D., a psychiatrist in New York, NY, and the author of *The Power of Different*. Don't try to stop the feeling—to get better, you're going to have to deal with it. Start by outwardly expressing your emotions (maybe that's ripping up the rejection letter, or letting off steam with a sweat sesh). Admit to at least one person that you're disappointed, and then do something nice for yourself. (Fro-yo date with your bestie?)

👁️ . . . then get woke about your awesomeness

Look at it this way, says Frank Bruni, the author of *Where You Go Is Not Who You'll Be*: “A bunch of strangers on an admissions committee, reading the tea leaves of your transcript, are just making guesses in a somewhat arbitrary fashion. They're not rendering a definitive verdict on your potential. You force yourself to see that, because it's real, and you get your confidence back by realizing you never should have lost it in the first place.” So yeah, you didn't get in, but you're still badass AF.

😞 Don't do something delete-worthy

Filling up your feeds with all the reasons *that* college is lame is not the way to go. Admissions officers keep a check on your social-media presence, so any potential places where you could still end up may not approve of your 140-character rant. Speaking of future colleges . . .

❤️ Pick a new favorite

When it comes to schools, finding The One is a total myth. “There is no ‘your college,’” Bruni says. “There's only the college that was your first choice, and there are plenty of other choices that will work well. You move on to those.” Look at the list of schools that accepted you, and hit up their Web sites to get excited about what life could be like there. If you're close enough, go back to the campus and walk around. Seeing yourself there as an admitted student is different from touring as a prospective one.

👧 Forget about it

You've been living and breathing SATs, admissions interviews, and campus visits for what feels like forever now, so it's easy to forget that there's life outside the college bubble. Make *your* acceptance decision—and embrace it. Then switch up your priorities and focus on a new cause you care about.



SCHOOL

Doodle Your Way To An



Scribbling comes with serious perks, says Sunni Brown, author of *The Doodle Revolution*.



It helps you concentrate

Your brain is designed to constantly process information; when it lacks stimulation, you start to zone out. Drawing helps keep your mind busy, which allows for razor-sharp focus.



It makes you more innovative

Creativity uses different brain pathways than traditional problem-solving. So when you spend time doing something artistic while thinking over a question, you may come up with unique solutions.



It keeps your mind on point

If you space out in class (What am I going to wear to that party?), you'll have no clue what your teacher said afterward. Doodling actually helps you stay present, so you'll remember what went on around you.

HOW'D YOU GET THAT JOB? JEWELRY DESIGNER



WHO: Patricia Hermogenes, creative director at Venessa Arizaga in New York, NY **HOMETOWN:** Santa Maria, Philippines **AGE:** 27

Tell us about yourself.

I've always loved designing jewelry. When I was 7, I started selling pieces to my classmates. Then in high school, I set up a shop online to get my creations out there. I was so surprised to get orders from people in other countries. I ended up getting a degree in business economics at University of the Philippines Diliman, and then I went on to Parsons in NYC. I interned at Altuzarra and Versace, and after that, a friend from Parsons told me about Venessa Arizaga because she knew I made jewelry. I e-mailed to ask if I could intern for them. Luckily, they said yes.

How did that internship help you?

I actually started part-time. My goal was to get a full-time job out of it, so I made a point to show what I could do. I always asked everyone in the studio what I could help with, and I got to work on time. I was offered a full-time position after just six days. Even though I got the job I wanted after I graduated, a lot of my classmates didn't. If that happens to you, stay upbeat and continue to interview.

What is a work day like for you now?

There is no typical routine for me. I work on three collections at a time, so that requires a lot of switching gears and multitasking. Most days I'm focused on designing new pieces, but other times I'm making sure we have the materials needed to put our styles into production or meeting with buyers to show our latest collection.

Any tips on how to up your hustle so you can stand out?

Show your passion! When you're passionate about your work, other people can see it. And be friendly and courteous to everyone you meet. Someone serving you coffee one day could be your boss the next.

LIFE

Steal These Tricks!

"For classes I'm having a harder time in, I ask my teacher if it's okay if I record the lecture on my phone. That way I can go back and listen to the lesson and edit my notes."

—Athena, 14, Brooklyn, NY

"I always keep cash on hand instead of charging to a credit card. Then I can see my money going down, which causes me to think before I buy anything."

—Mackenzie, 14, Los Angeles, CA

"I like to color-code my notebooks and folders so it's easier to organize physically and mentally. I'll be like, 'Red: English, no work. Orange: math, quiz tomorrow.' I've kept the colors the same way since freshman year, so I never get confused."

—Abigail, 17, Chicago, IL

MONEY

Spring-Break \$\$\$ Problems—SOLVED!



We're tackling your top troubles with help from Sallie Krawcheck, CEO of Ellevest.

"The room is way too expensive"

Things like view and location can jack up the price of a hotel stay. To save some bucks, avoid an oceanfront-facing room—cheaper options usually have the word "garden" in the description—or try booking at a hotel off the main street. And avoid big resorts, where you will probably end up paying a daily amenities fee.

"I'm blowing my budget on food"

This is your game plan: As soon as you arrive at your destination, head to the local grocery store so you can stock up on snacks on the cheap rather than hitting up a place in the tourist zone, where things are pricier. When it comes to eating at restaurants, splurge on lunch instead of dinner—you can usually eat the same meal for less money.

"I can't afford to go on spring break at all"

Consider volunteer travel. Try: United Way's Alternative Spring Break. It offers trips to places like San Francisco and New Orleans. Itineraries for Habitat for Humanity's Global Village include rural stays in far-flung villages and house-building on tropical islands. You get to travel, the cost is small, and you get to do good.

"I'm halfway through—and out of money"

Well, it's likely that you're going to have to call on your parents for more cash, and they presumably won't be happy that you drained your account. Make sure to spell out a specific plan about how you'll pay them back, whether it's taking on a few extra babysitting gigs when you return or offering up your help around the house.

"I'm stressed about unexpected expenses"

Even when you're responsible and save, things happen—like everyone suddenly wanting to do all the activities. You may be able to rework your budget (no more fancy virgin daiquiris!), but if not, be honest about your cash sitc with your friends. Chances are that others are in the same boat—or just nice enough to sit out, too.



JUST

SWEATER Guess, shop
.guess.com. **SWIM TOP**
Tavik, tavik.com. **SKIRT**
Holly Fulton, net-a-porter
.com. **NECKLACE** Jennifer
Fisher, jenniferfisherjewelry
.com. **SHOES** Manolo
Blahnik, barneys.com.

Bust a Move

"Fifth Harmony brought out a side of me that I don't think I would have ever tapped into," she says. "I'm so grateful."



mila

HERE SHE COMES! AFTER ALMOST FIVE YEARS IN FIFTH HARMONY, CAMILA CABELLO IS TAKING THE LEAD AS SHE MAKES NEW MUSIC, LOOKS FOR LOVE, AND PLOTS HER FUTURE.

By MARTA TOPRAN / **Photographs by** JAMES WHITE / **Styled by** JAMES WORTHINGTON DeMOLET



"I DID NOT
INTEND FOR
THINGS TO END
THAT WAY." THAT'S WHAT

CAMILA CABELLO WOULD LIKE YOU TO KNOW ABOUT WHAT HAPPENED BACK IN DECEMBER WHEN THE OTHER FOUR MEMBERS OF FIFTH HARMONY ANNOUNCED SHE WAS LEAVING THE GROUP. SHE KNOWS THE SUBSEQUENT SHE SAID-THEY SAID ON SOCIAL MEDIA MAY HAVE BEEN CONFUSING TO SOME HARMONIZERS, BUT CAMILA ISN'T ABOUT TO START REHASHING OLD DRAMA. "I SAID EVERYTHING I WANTED TO SAY IN THE LETTER I WROTE," SHE EXPLAINS.

AND WHY LOOK BACK? WITH THE LAUNCH OF HER SOLO CAREER (EXPECT AN ALBUM THIS FALL), THE 19-YEAR-OLD CUBAN-BORN *X FACTOR* ALUM WOULD MUCH RATHER TALK ABOUT THE FUTURE. "I'M EXCITED TO SHARE WHO I AM WITH PEOPLE," SHE SAYS. "FIFTH HARMONY WASN'T THE MAXIMUM EXPRESSION OF ME INDIVIDUALLY. MY FANS ARE *REALLY* GOING TO KNOW ME FROM THE MUSIC I'M WRITING. MY GOAL IS TO BE BRAVE AND OPEN UP MY SOUL." ONE OF THE FIRST STEPS TO ACCOMPLISHING THAT GOAL: CONFESSING HERE ABOUT HER SECRET STRUGGLES, HER (NONEXISTANT!) LOVE LIFE, AND HER WILDEST DREAMS. YOU'RE ABOUT TO MEET THE CAMILA THAT'S BEEN DYING TO COME OUT.

ON *Leaving 5H*

Why she had to do it.

"Now is the right time to shift the focus to my solo music. Of course, it wasn't easy, but I've always understood that the whole point of life is being fulfilled and following your dreams. If you don't feel like you're doing that where you are, it's your job to make a change."

She's not holding a grudge against the group.

"I'll continue to wish them all the best, and I'm happy they are continuing their journey as Fifth Harmony. I'm also looking forward to hearing new music from the group and their solo endeavors."

The postsplit support meant everything to her.

"I've been trying to stay away from social media for almost two years now. There has always been negative stuff on there. Even if you read 100 messages of love, the hurtful one is what you remember. But I did see a lot of love and support from my fans. Honestly, I didn't expect it. I was so emotional at that point, that when I saw some really encouraging things people were saying, I burst into an ugly cry."

ON *Her Anxiety*

"I was 15 when I auditioned for *The X Factor*, and it's been a nonstop train ride," says the singer. She admits she'd get overwhelmed by fame and her crazy schedule but struggled to voice how she was feeling. "My anxiety has been a lot about my emotions trying to get out. On the surface, I probably seemed okay—maybe a little quieter than usual—but inside a storm

was brewing." After seeking professional help, she says, "I'm so much better and stronger, and I know how to deal with tough situations instead of running away from them." Here's what else she learned:

FIND AN OUTLET
"Journaling is definitely something I'd recommend, and songwriting has been very therapeutic. Everyone has a creative person

inside of them. You just have to tap into it."

CONFIDE IN SOMEONE
"Talking to my mom has been helpful. It's important to speak out when you feel anxious."

PUMP THE BRAKES
"Sometimes you have to remind yourself to slow down and take care of yourself—breathe, and take a walk for five minutes."



"I'M NOT
AFRAID.
I FEEL LIKE
THIS IS
SOMETHING
THAT HAS
BEEN
BREWING
INSIDE
OF ME FOR
A LONG
TIME."

EARRINGS Marc Jacobs,
Marc Jacobs stores.

"I'VE NEVER
REALLY
BEEN IN A
LONG-TERM
RELATIONSHIP
BEFORE—
AND BY
LONG-TERM,
I MEAN LIKE
LASTING
FOR ONE
MONTH."

TOP DSquared2,
dsquared2.com. **PANTS**
Coach 1941, coach
.com (similar styles).

EARRINGS Marc Jacobs,
Marc Jacobs stores.

BRACELET Martine Ali,
martineali.com.

SHOES Jimmy Choo,
jimmychoo.com.



ON Love

No, she's not seeing anyone.

"I wish I could tell you I was low-key dating and being super-sneaky, but the reality is I literally don't have contact with the opposite sex. I never see people my age because for the past year I've just been on tour, traveling with my mom."

The guys she sings about aren't real.

"Even though I'm 19, I've literally never had a long-term relationship. So when I show people my songs, they're like, 'Who's this about? I've never seen you with a boy ever.' I make all of these fantasies in my head. There's this constant theme of unrequited love and me loving people from afar."

She's all about a bad boy.

Why? "When girls have an innocence or a lack of experience, the bad-boy persona is attractive—the forbidden-fruit thing, somebody who will bring a wild side out of you. That's exciting."

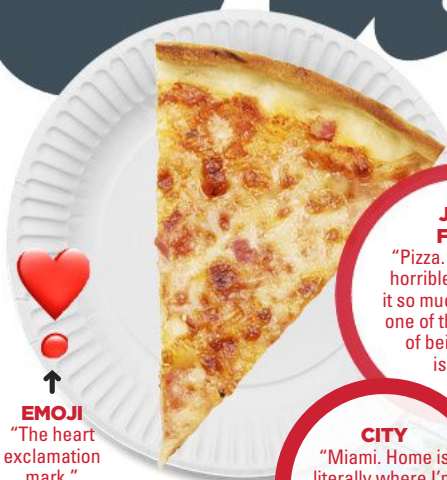
She's happy being single right now.

"I don't necessarily want to be in a relationship; I just want to be able to have experiences with people and make memories. I want to have a magical date with a boy. I love that feeling in your stomach of butterflies and daydreaming about them—that initial kind of puppy-love feeling is so much fun and nothing compares to it."

When she's having guy problems, she turns to Taylor Swift.

"Taylor is always the person that I go to for boy advice. The reason we became friends was purely because we think the same way about a lot of things: We're both really sensitive and emotional when it comes to love. We love love, and we love writing songs about love."

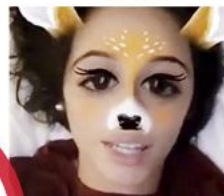
HER Faves



EMOJI
"The heart exclamation mark."

JUNK FOOD

"Pizza. I love to eat horrible food. I love it so much. Seriously, one of the best parts of being human is food."

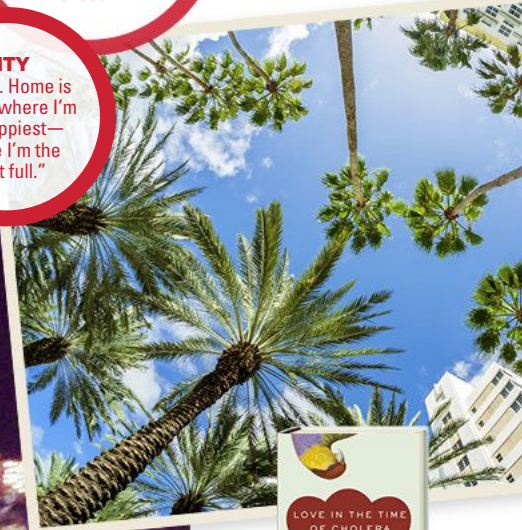


SNAPCHAT FILTER

"High-pitched deer."

CITY

"Miami. Home is literally where I'm the happiest—where I'm the most full."



HOLIDAY
"New Year's."

BEAUTY ESSENTIAL

"For me, good mascara is really important. I love this one."



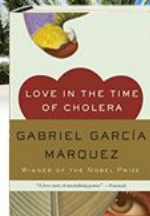
Too Faced Better Than Sex Mascara, \$23, toofaced.com

SONG TO GET READY TO

"Caroline" by Aminé.

WAY TO SPEND THE DAY

"Writing, watching movies."



BOOK
"Love in the Time of Cholera."

MOVIE

"Avatar."



THE *New* Camila

She's ready to share her story through her music . . .

"I was writing songs for literally *all* of the time that I was in Fifth Harmony—from the time I got my first kiss to now. It's all been about my personal stories and experiences. I've created a soundtrack to my teenage life. It'll be really cool for people to get to hear what's been going on in my head and life for the past three years."

. . . so expect all the feels.

"With music, you can be a freak, you can be exposed, crazy, sad—putting the extremes of human emotion into a song is what makes it magic. It's my way of getting out all of my craziness. I've written about anxiety and being nervous, about being heartbroken. If you're not writing songs about the most vulnerable corners of your mind, then you're not really doing it right."

5H has definitely influenced what you're going to hear.

"Fifth Harmony brought out a more confident, sexy side of me. The songs I was writing three years ago were all super-acoustic and folk. Now I want to incorporate R&B in there, drums—I want to make songs you can dance

to, too, and I would have never figured that out if it weren't for the group."

And now she's thinking about a dream collab with . . .

"Ed Sheeran. He's incredible at putting love, emotion, and feeling into words. I would love to see him go into a room and watch how he makes his magic. He always talks about how he loves making songs from the heart, and that's something that I've pushed myself to do in my songwriting process, too."

Most of all, she's excited for what's next.

"I didn't really get to do the teenager thing. I was shy back in high school: I would go to school, come home, and watch YouTube videos. Being in music has pushed me to overcome that. I have gone through a lot of self-discovery in the past few years, figuring out who I am and being comfortable with just being me. I've attracted a lot of great people into my life that way, just by being myself. Now I want to go out there, meet people, learn about them, and make friends."

ON *Beauty*

When it comes to the glam life, Camila likes to keep things chill—which is why you'll never find her at a nail salon. "Mani-pedis, massages, spas—OMG, they drive me crazy! My nails look a hot mess right now because I refuse to go. For most people, it relaxes them, but I hate sitting still." Even if getting pampered isn't her thing, she says skin care is a priority: "It's really important because I want to look good in 10 years!"

HER ZIT SITCH

"I break out a lot when I eat bad food, but whatever. I live for chocolate and pizza and all dairy products. When I eat something, I'll be like, Is this worth a pimple? And if it is, I'll just go for it. Like the chocolate lava cakes at restaurants—worth it every time!" To nix any breakouts that pop up, she swears by Clean & Clear Advantage Acne Spot Treatment (\$6.50, drugstores). "It works! I used it on a pimple yesterday that's visibly smaller today."

HER GLOWY-SKIN SECRET

Bring up Sephora Collection's fiber face masks and Camila gets excited. "They're so good!" she says. "I buy a lot of them—they're so cheap, you only have to put them on for 10 minutes, they're not messy, and they moisturize your skin a lot," she gushes. Her fave kinds: the Algae and Pearl ones (\$6 each, sephora.com).

ON *Fashion*

Camila constantly slays on the red carpet, so here's some surprising news: She actually hates shopping. "It's so annoying!" she says. "There are so many things, and it makes me tired just looking at them. The idea of having to put outfits together stresses me out!" So how does the mall-phobe maintain her killer style? By following these two simple rules:

DON'T BE A SLAVE TO WHAT'S TRENDY

"Style is a form of expressing yourself. Wearing and following trends makes me feel like every other girl. Find something that's unique to you—even if it's weird. I went through a period where I wore bows a lot and that was my thing, and it made me feel different amid the other girls in my group."

FIND PIECES THAT MAKE YOU FEEL CONFIDENT—AND STICK TO THEM

"For me, I love high-neck pieces. I literally don't wear anything else. I'm very small up top—I have no boobs, in other words—but wearing turtlenecks or chokers makes me feel more built-up."



“THIS YEAR IS
JUST GOING TO
BE SO SPECIAL
TO ME, IT
DOESN'T MATTER
WHAT THE
OUTCOME IS.”

OVERALLS Stella
McCartney, net-a-porter.com.
BRACELETS Marc Jacobs,
Marc Jacobs stores. **CHOKER**
Lulu Frost, lulufrost.com.

Hair: Chris McMillan at
soloartists.com. Makeup:
Allan Avendaño for Dior
Addict at Starworks Artists.
Manicure: Kimmie Kyees for
Only at Celestine Agency.

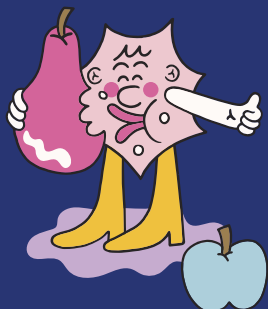


BY
ANDREA
STANLEY

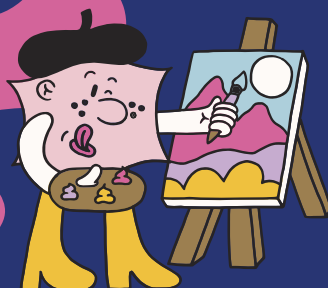
$B \times (M + F + A)$

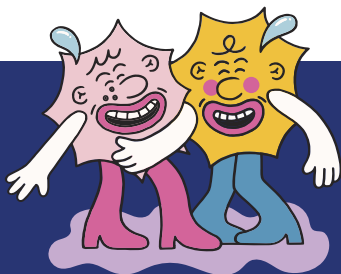
No, this isn't an algebra assignment.
It's a proven formula for the things
you need to feel good. So what do these
letters even mean? Let us explain. . .

(**SPOILER ALERT:** The F does not stand for
"Finally, I scored a Kylie Jenner lip kit!")



ILLUSTRATIONS
& LETTERING
BY KATE
PRIOR





**FORMULA
BY RAJ
RAGHUNATHAN**
author of *If You're
So Smart, Why
Aren't You Happy?*



) + Att² =



H

APPINESS IS CRAZY POWERFUL. IT ALLOWS YOU TO BE BOLD, CONFIDENT, AND MOTIVATED—IT'S BASICALLY THE SECRET WEAPON YOU NEED TO REACH ULTIMATE SLAYING-IT STATUS. BUT DO YOU KNOW WHAT *TRULY* MAKES YOU HAPPY? YOU MAY HAVE THOUGHT, IF I WERE GIGI FAMOUS, LANDED SHAWN MENDES AS A BF, HAD FLAWLESS SKIN, OR GOT INTO MY DREAM SCHOOL, I'D BE SO SET. AND YOU'D BE SO WRONG. "YOU FEEL GOOD WHEN YOU GET A NEW PAIR OF JEANS OR PERFECT LONG LASHES, AND SO IT'S EASY TO THINK—*THAT'S* HAPPINESS," SAYS CHRISTINE CARTER, PH.D., A SOCIOLOGIST AT UC BERKELEY'S GREATER GOOD SCIENCE CENTER AND THE AUTHOR OF *THE SWEET SPOT*. "BUT THOSE THINGS ACTIVATE A PART OF YOUR BRAIN THAT HAS LITTLE TO DO WITH REAL HAPPINESS. ANY GOOD VIBES YOU'RE GETTING WILL BE SHORT-LIVED—AND WILL NEVER EVER BE ENOUGH." SO IF A PAIR OF COACHELLA TICKETS WON'T DO IT, WHAT WILL? WE HAD A HAPPINESS EXPERT CREATE THIS FORMULA TO EXPLAIN HOW TO KEEP THE HORMONES THAT AFFECT YOUR MOOD ON POINT. IN SHORT: YOU NEED A COMBINATION OF THINGS! TAKE THE QUIZ ON THE NEXT PAGE TO FIND OUT WHERE YOU'RE KILLING IT AND WHERE YOU COULD USE A BOOST. YOU'LL END UP WITH A PERSONALIZED PLAN FOR FEELING BETTER THAN EVER. NOW *THAT'S* SOMETHING TO SMILE ABOUT!



QUIZ!

HOW HAPPY ARE YOU?

ANSWER THESE QUESTIONS TO SEE HOW YOU RATE IN THE FIVE CRUCIAL CATEGORIES.

Basics

(We're talking things like eating, sleeping, and mental stamina.)

1. **How many nights a week do you stay up late?**

- A. None—because beauty sleep!
- B. Not often, but hey, sometimes those Snapchat filters cause you to lose track of time.
- C. Almost. Every. Night. It's the only time you have to study.

2. **Have you ever skipped a meal because you were insanely busy?**

- A. Never. This girl gets hangry.
- B. You've been known to swap the salad bar for a study sesh from time to time.
- C. Yes, every day—the caf food totally sucks anyway.

3. **You're stressing over a paper that's due next week.**

Your plan:

- A. Go for a run to clear your mind.
- B. Worry sick about it but still make time for a quick Netflix break.
- C. Huddle up in your room until it's done and you're sure it's A-worthy.



Mastery

(The drive to better yourself by working toward something.)

1. **Do you live for your daily after-school activity?**

- A. Totally! You wouldn't miss it for the world.
- B. It's okay, but sometimes you don't feel like you're very good at it.
- C. What after-school activity?

2. **When was the last time you set a goal?**

- A. Today! #Goals are your thing.
- B. You've thought about it, but haven't actually done it yet.
- C. Yeah, you're too busy for those.

3. **What's your aim when studying?**

- A. To be able to explain stuff better than the teacher.
- B. Learn enough to pass.
- C. Cram it all in—and then keep your fingers crossed!

YOUR SCORE

Mostly A's: Being good at something, increases your confidence, which sets you up to feel good. Keep it up!

Mostly B's (or a mix of letters): It might be time to challenge yourself in a new way.

Mostly C's: Doing just enough won't make you feel very stellar.

Learn how to be the boss you are in the "Master Moment" category.

Friends

(Uh, no explanation needed here.)

1. **If it's late and you need to vent, what do you do?**

- A. Text your bestie. She'll know just the giphy to make you feel better.
- B. Think about messaging a friend, but it is late, so...
- C. Try to go to bed. Who wants to hear your drama at this time of night?

2. **You got free tickets to a concert. Who do you invite?**

- A. Your BFF! Let the scheming to get backstage begin!
- B. You're, like, 73 percent certain who you'll ask.
- C. Not really sure. Is it cool to fly solo?

3. **Are you always texting one friend?**

- A. All. The. Time.
- B. Not that often. It's more of a group message situation.
- C. Ummm... does commenting on her Instagram count?

YOUR SCORE

Mostly A's: You've got the Kendall to your Gigi, and that's great—a solid friendship is worth major happy points.

Mostly B's (or a mix of letters): You and your bestie are pros at going from BFFs to awkward—then back to BFFs.

Mostly C's: You're dealing with some lonely feels. The struggle to make a true friend is real.

Check out the "Friend Factor" for pointers on how to build bonds.



Autonomy

(The ability to not let others' opinions control how you feel.)

1. **Does social media stress you out?**

- A. No way! Selfies are fun!
- B. Sometimes. Why do people gotta be so rude?
- C. You dream of the day you can delete all of your accounts.

2. **A friend made a weird comment about you. How do you feel?**

- A. Not even sweating it.
- B. It was ruling your thoughts—but then your crush walked by.
- C. Anxious. Now you're analyzing every text she has ever sent.

3. **How much freedom do your parents give you?**

- A. The trust is there.
- B. Sometimes they put you in check.
- C. They judge everything you do.

YOUR SCORE

Mostly A's: You're the queen of brushing off haters, which keeps you in a Zen state of mind.

Mostly B's (or a mix of letters): Your status: chill—most of the time.

Mostly C's: Truth: You worry too much about what others think.

Head over to the "Autonomy" section for advice on how to deal with negativity.

Attitude

(How you cope with conflict—or anything.)

1. **You flunked your AP test. How do you deal?**

- A. You learned your lesson for next time.
- B. Ugh, but whatever.
- C. Drop the class. The teacher has it out for you.

2. **The weather is screwing with your spring break plans, so you...**

- A. Go to Plan B: weekend movie marathon, FTW!
- B. Get bummed that you spent money on a new swimsuit, but at least you'll be ready for summer.
- C. Feel frustrated AF. Nothing ever goes right for you.

3. **If you're feeling annoyed, you...**

- A. Turn to your Headspace app.
- B. Deal with it on the fly.
- C. Pop off!

YOUR SCORE

Mostly A's: Your positive attitude gives you a good mood advantage.

Mostly B's (or a mix of letters): You try to have an upbeat outlook, but there can be drama.

Mostly C's: You have one mode when you're stressed: agitated.

Rip out the "Attitude" page for the next time you're feeling the blahs.

B=Basics

SELF-CARE IS EVERYTHING. WITHOUT HEALTHY HABITS OR A SMART OUTLOOK, IT'S IMPOSSIBLE TO HAVE GOOD VIBES.



Be Selfish With Your Sleep

"When you're not sleeping enough, it's really hard to be happy," says Acacia Parks, Ph.D., chief scientist at Happify. "The ability to regulate your emotions is the first thing to go when you don't get enough rest." You should be getting eight to ten hours of shut-eye a night; otherwise you'll turn into a ball of *annoyedangryirritable* feels.

TO MAKE IT HAPPEN: If you have to be up late doing homework, tackle whatever requires you to be on the computer first. (Blue light from screens messes up your ability to fall asleep.) Another snooze-worthy tip: Wash your face, brush your teeth, and do whatever else is part of your bedtime routine way before you're ready to go to sleep. That way when you're tired, you can just shut off the lights.



Don't Forget to Eat

Skipping meals can mess with your attitude—as your blood sugar plummets, so can your mood. (Feeling hangry is legit!) Even worse, when you wait too long to eat, you're more likely to reach for processed, sugary foods that make you even crankier, Dr. Carter says.

TO MAKE IT HAPPEN: Start scheduling lunch dates with your bestie so you're less likely to ditch the caf. And for those days when you do need to squeeze in extra study time, make sure you have a snack on hand. At home, keep a bowl or drawer of healthy treats that you can just grab from without thinking.



Have a 5-Minute Plan

Always being busy can mess with your mental health because it will make you feel as if you're not in control. (Hi, stress!) You may think it sounds hokey or unimportant, but focusing on your emotional well-being can unlock blissed-out benefits.



TO MAKE IT HAPPEN: Have a tried-and-true routine you can squeeze into your hectic schedule, even when you only have five minutes. Think: a few yoga moves you can do anywhere or a secret folder on your phone filled with things that make you smile.



Learn the Truth About Money

The pleasure you get from material things doesn't last long, so don't get it twisted: Money *doesn't* make you happy. However . . . "The one area where money comes into play is when it involves activities with others," Parks says. "If you can't hang with your BFF because you don't have the funds, that can bum you out."

TO MAKE IT HAPPEN: Take charge of how your squad spends its time, and pick stuff you can do for free, like a hike or a bike ride. Bonus: Physical activities cause a spike of endorphins (happy hormones!)—so *everyone* will feel ah-mazing.

FEEL-GOOD FOODS

THESE CAN HELP YOU SMILE—AND NOT JUST BECAUSE THEY'RE DELISH.

HEALTHY FATS

Anything full of omega-3s, like avocados, salmon, and walnuts, has been shown to improve mood. Go for the guac!

CARBOHYDRATES

When you pair carbs, like whole-wheat pasta, with protein, it helps your body produce serotonin, a get-happy brain chemical.

LEAFY GREENS

Plants like spinach and kale are rich with folic acid and vitamin B—a super-duo that helps put you in a fab mood.

DARK CHOCOLATE

The antioxidants found in a chunk of the rich stuff help prevent the stress hormone cortisol from creating anxiety.

(AND ONE LIQUID!)

Your brain is made up of about 70 percent water, so when it's hydrated, it functions better. That ultimately helps keep your feelings in check. So keep that water bottle topped off!

M=Master Moment

HAVING A SENSE OF PURPOSE—AND FEELING LIKE A TOTAL BOSS—CAN HELP YOU EXPERIENCE REAL BLISS. THIS IS HOW TO FIND YOURS.



DO WHAT YOU GENUINELY ♥

Juggling five activities because it looks good on applications or may get you lots of Insta likes isn't genuine, Dr. Carter says. You need to dedicate your time to something that deeply matters to you—and if it impresses a college, that's just a bonus.

LOOK BEYOND THE PRAISE

"When you're focused on accolades, that prevents you from reaping positive perks," Dr. Carter says. "There's a difference between acing a test because you mastered the info and just doing it to show off." The latter might leave you feeling empty.

GIVE YOURSELF KUDOS—ALWAYS

Hitting a goal you've worked hard for feels fantastic! That's happiness right there, so don't be shy about celebrating your wins. But find value in your losses too. Happy people don't nail it every time—the difference is they keep trying.

PICK UP A MICRO HABIT

Already slaying it at something you love? Don't overload yourself with *another* activity. Try this: Introduce a new thing into your routine that will give you a sense of accomplishment, like meditating for two minutes or sending one kind text a day.

TROUBLE STICKING TO A GOAL? Keep it realistic so you don't set yourself up for failure. To help, break a big goal into mini goals. For example, if you want to run a marathon, start by signing up for a 5K.

F=Friend Factor

YOU DON'T NEED A TAYLOR SWIFT-SIZE SQUAD, BUT YOU DO NEED SOMEONE YOU CAN TRUST. IF YOU CAN RELATE TO ANY OF THESE SITUATIONS, CHANGE IS ON THE WAY!

1

"I have friends—but I'm not close to any of them."

When was the last time you did a fun activity with them that you've never done

before? Doing something new and challenging together can bring you closer, Dr. Parks says. Try going to a ropes course or an Escape Room together. Working as a team to solve a problem will help strengthen your bonds and create an opening for meaningful friendships.

2

"I've had the same BFF since elementary school yet we've grown apart."

Are you sure? Try thinking back to a memory the two of you shared. The feeling of savoring an old experience actually boosts levels of the happy hormone, oxytocin—but it only works if it's someone you care about. Chances are, your trusty #TBT sidekick means more to you than you realize.

3

"I have a toxic friend."

If you're always spending time with someone who drains you, it could be preventing you from finding

The One. A friend breakup sucks, but sometimes it's the only option. Avoid the slow-fade route: Sit down with her and tell her, just as if she were someone you were dating, that it isn't working.

4

"I hang out in groups but never with any one person."

If you roll with a giant squad, it can feel as if everyone has to hang together. If you find that you're gravitating toward one person, don't feel shy about spending some QT with him or her. Don't worry—this shouldn't create a giant Fifth Harmony-style rift! As long as you both don't start hanging out with *only* each other (and ditching every group plan), no one will sweat it.

5

"I don't have a friend."

Finding people you like can be hard! If you want to attract

someone whom you'll genuinely love spending time with, it's actually easy—just be *you*. When you're unabashedly yourself, people are automatically drawn to you. Get involved in a group you care about (yes, even if you don't know anyone); chances are, you'll click with someone.



TWO TRUTHS & ONE LIE...

**TRUTH:
BEING POSITIVE IS
GOOD FOR YOU.**

You bet! One study showed that constantly having a negative attitude can be just as bad as smoking cigarettes and even lower life expectancy.

**TRUTH: YOU
CAN CHOOSE TO
BE HAPPY.**

Okay, this one is only sort of true. It's impossible to control your thoughts *all* the time, but it's easier to control you than the rest of the world. So when possible, try to see the best in a situation.

**LIE: YOU ALWAYS
HAVE TO BE HAPPY.**

Life is full of different emotions, and suppressing feelings like disappointment or sadness isn't healthy—and won't make you happier. To be a happy person, you need to be a whole person.

How to Get Your Smile On!

by Lucy Saxton

Stop and Smell the Citrus

A lemon a day may keep the blues away. It's thought that citrus scents lower the presence of cortisol (a hormone that makes you feel stressed) in your body.

Just Press Play

"To put myself in a good mood, I put on some great music. Lying on the grass with some Ella Fitzgerald is my happy place."

—JORDYN, 18,
SAN JOSE, CA

Chin Up

Seriously, though. Research shows that when you're feeling down, you actually tend to look down. This can make you feel boxed in. Next time you're feeling sad—look up!

Talk It Out

"When I need to vent or to get advice, I call my mom or grandma. My mom is like my best friend, so I always go to her. And my grandma is such an inspiration and a role model that I always feel better after speaking to her."

—MCKENNA, 19,
DOWNINGTON, PA

YES!



A=Autonomy

WHEN YOU CAN DETACH FROM THE OPINIONS OF OTHERS AND FEEL SECURE IN YOURSELF, YOU'LL BE HAPPIER. HERE'S HOW TO SHAKE OFF...

Other People's Judgy Comments

- You don't have to believe everything you hear. When someone says something negative about you, whether it's about your body, your taste in music, or anything else, the words can roll around in your mind until suddenly you've turned someone's random opinion into the word of truth. No one is right 100 percent of the time, and in this case just remember—that person is wrong!
- Don't try to change who you are to make other people happy. Acting fake is essentially lying, and that's one of the most stressful feelings you'll ever encounter. It puts your

brain into a state of stress, Dr. Carter says.

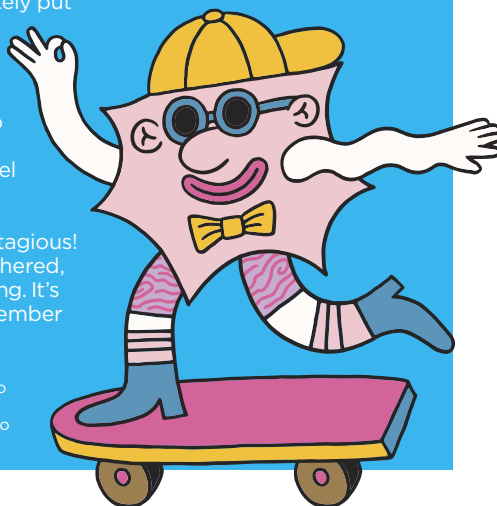
- Try this the next time someone says something less than nice: Picture a person you absolutely adore (it can't be the person who said it) and imagine the phrase coming from him or her. You respond to people you like differently than to everyone else. Instead of making you angry, that will help you understand where the person is coming from.

Online Angst

- If you see a post that gets under your skin, instead of focusing on the negative comment, immediately put a nice comment on another person's page. Kindness is so powerful, it causes your body to release dopamine. Translation: You'll feel *really* good.
- Bad moods are contagious! If you're getting bothered, then just stop scrolling. It's empowering to remember

that you control how you want to use social media, and that means logging off when you need to.

- It's easy to get caught up comparing yourself and your life to what you see in your feed. To help stop your thoughts from spiraling, try this: Have a physical reminder, like a hair tie on your wrist that you can snap whenever you catch yourself being critical, Dr. Parks says. It's called thought-stopping.



INDEPENDENCE HELPS TOO! Earning the trust of your parents helps boost the autonomy factor. To earn a little bit more respect, offer to pick up the tab for something your mom would normally pay for. Or ask your dad what you can help with around the house. Next time you want to push your curfew, they'll likely give you a little wiggle room.

DON'T WASTE YOUR TIME...

... GIVING UP SOCIAL MEDIA

There are plenty of click bait-y headlines to tell you how Insta is ruining your life. But research shows that there are plenty of positive benefits too. For starters: Looking back at old photos of yourself in happy situations pumps up your positive vibes.

... FOCUSING ON MONEY, MONEY MONEY

If you've been debating getting a side hustle just so you can have more material things, it will probably only make you more miserable, especially if you *already* have a full schedule.

... BELIEVING "IF I ONLY HAD [INSERT YOUR DREAM HERE], IT WOULD CHANGE EVERYTHING"

How many times have you thought, "If my hot biology partner just asked me out, life would be perfect"? Sorry but no. It may make you thrilled at first, but once the pleasure dissipates, you'll start wanting other things.

Att=Attitude

YOU CAN TRAIN YOUR BRAIN TO BE MORE POSITIVE WHEN THINGS AREN'T PERFECT. CHEER UP IN 60 SECONDS WITH THESE TIPS.



STATUS: ANGRY

You may be madder than you need to be. When you're upset, the brain tends to automatically go to a bad place and label everything as awful, Dr. Parks says. If something not-so-great happens, ask: Is what's bothering me the *whole truth*?



STILL NOT HAPPY

It may be tempting, but don't put on a fake smile. When you try to go from mad to glad quickly, you're forcing an emotion on yourself that is too far from your current state for your body to process. Take a deep breath before doing anything.



ACTUALLY...

Time to deal with the problem. There may be parts of the situation you can't control, which can be overwhelming or frustrating. There should be *something* you can do, so boil it down into one mini problem, and focus on that.



... YOU'VE GOT THIS


To get rid of those last stress hormones, remove yourself a bit from the situation. Imagine that you're giving advice to a friend on how to handle it. When the problem doesn't feel so personal, it helps take your body out of fight-or-flight mode.



STATUS: HAPPY

After solving a tough problem, one of the best ways to seal in your happiness is by focusing on one thing you learned. When you see a benefit to what happened, it can make the entire situation easier to swallow.





GETTING READY FOR A BIG
EVENT (LIKE PROM!) AND WANT
MAKEUP THAT LASTS?
THESE TIPS WILL HELP YOU LOCK
IN YOUR GLAM.

By **SOPHIE
GURESHI**
With additional
reporting by
**MADDIE
ABERMAN**

WORRY-FREE

LIPS

A half hour before you start getting pretty, exfoliate your pout to nix any dry flakes and swipe on a balm, giving it time to sink in. Try Fresh Sugar Lip Treatment Perfecting Wand (\$24, sephora.com), a hydrating salve with a built-in buffing tip. Then apply a long-wearing liquid lipstick (see page 121 for all of our budge-proof picks) and top it with a gloss. When the shiny layer wears off, the base color remains, making touch-ups a breeze.

CREASELESS SHADOW

The best way to guarantee your eyeshadow won't migrate north? Steer clear of your eyelid crease! Plus, keeping color low near your lashline is an easy way to experiment with brights (like this flash of aqua). Just stick to a cream pigment, which stands up to perspiration way better than a powder.



FUJI 14 PRO160S 506 15 PRO160S



SWEAT-PROOF

SKIN

If you've never bothered with primer, it's time to start. A good one will give your base something to cling to and absorb oil. After that, [apply foundation in layers](#), which lasts better than one thick coat. Set it with loose powder, then dab a little extra over your forehead, nose, and chin (the oil-producing culprits). The finishing touch: a setting spray—it seals in your look for hours.

NO-BUDGE LINER

For defined eyes that won't smudge, you'll need a gel formula. Skip difficult-to-use potted versions and go for a beginner-friendly twist-up pencil. In addition, forgo anything oil-based near your lashline—emollients in eye cream, concealer, and foundation can break down even waterproof formulas.



MELT-PROOF MUST-HAVES



1 COVERGIRL

Outlast All-Day Color and Gloss in Coral Crave, \$9, drugstores

2 NARS Velvet Shadow Stick in Grand-Large, \$28, narscosmetics.com

3 CHANEL Stylo Yeux Waterproof Long-Lasting Eyeliner in Noir Pétrole, \$33, chanel.com

4 URBAN DECAY De-Slick Complexion Primer, \$34, Sephora stores

5 PHYSICIANS FORMULA #InstaReady Setting Spray, \$13, drugstores



Clothes can allow you to express different parts of your personality—just ask actress-singer **Olivia Holt**, who plays up her various sides in some of this season's best looks.

photographs by
JOSHUA PESTKA
styled by
JAMES WORTHINGTON
DeMOLET

SOUTHERN BELLE

"When I'm home in Tennessee, my style is more relaxed than it is in Los Angeles," says Olivia. "A flowy dress like this is great because it works for chilling during the day and then going out at night." Styling tip: To offset romantic ruffles, try a pair of edgy earrings.

DRESS Tanya Taylor, tanyataylor.com. **EARRINGS** (chandelier) Lele Sadoughi; (all others, worn throughout) Olivia's own. **NECKLACE AND RING** Laura Lombardi, lauralombardijewelry.com. **SHOES** SJP for Sarah Jessica Parker, nordstrom.com (similar colors).

AT'S

POP PRINCESS

"The right clothes can really get me amped up to perform," she says. Not hitting the stage but still want an attitude boost? Replace your basic white T-shirt with a metallic one.

TOP AND PANTS

Pinko, pinko.com.

EARRINGS Sarah Magid, sarahmagid.com. **NECKLACE AND BRACELET**

Martine Ali, martineali.com.

WILL E?

BEAUTY TIP

Glowy skin and your fave jeans are the prettiest (and easiest!) pairing. Just apply **Neutrogena Hydro Boost Hydrating Serum** (\$25, drugstores) before your makeup.

LAID-BACK

For a cool day look, don't be afraid to mix different shades of denim—but make sure they have a similar wash. "A shiny bag and heels can totally dress up your whole outfit," adds Olivia.

JACKET Frame,
fwr.com,

TOP Rosie HW x
Paige, paige.com.

PANTS Guess,
shop.guess.com.

BRACELETS Martine
Ali, martineali.com.

BAG AND SHOES
Alexander Wang,
alexanderwang.com.

STYLE STREET



BUTTONED UP

For a bold going-out look, a long denim jacket can double as a dress—but it works well with a mini, too. Says the Neutrogena Brand Ambassador, “I liked keeping two buttons done with the skirt peeking through for a more polished and feminine feeling.”

JACKET French Connection, bloomingdales.com. **SKIRT** Cotton On, cottonon.com/us. **EARRINGS** Alexander Wang, alexanderwang.com.

T
DENIM



CALI VIBE

BOHO

An oversize Baja is a surfer staple. "It feels effortless and cool at the same time," says Olivia. "And it's versatile! You can wear it around the house, out with friends, or just to kick it at the beach."

HOODIE Pam & Gela, pamandgela.com. **SHORTS** Scotch & Soda, scotch-soda.com. **EARRINGS** nOir Jewelry, noirnyc.com. **NECKLACE** FIN Montauk, finmontauk.com. **BACKPACK** Rossella Jardini, rossellajardini.com.

NEON

Amp up your #OOTD with denim so bright it should come with sunblock. "Adding a pop of color gives your look a new flavor," she says.

JACKET

J Brand, Bergdorf Goodman. **TEE** Rebecca Minkoff, rebeccaminkoff.com. **SKIRT** Cynthia Rowley, cynthiarowley.com. **EARRINGS** Nissa Jewelry, nissajewelry.com (similar styles). **NECKLACE** The Ropes Maine, theropesmaine.com.

BEAUTY TIP

An electric outfit looks best with chill makeup. All you need: **Neutrogena Hydro Boost Hydrating Tint in Natural Ivory** (\$15, drugstores).



NIGHT

FLIRTY

Cutouts toughen up a sweet pastel dress. And, as Olivia points out, "You don't need to accessorize a dress like this too much."

DRESS Self-Portrait, shopbop.com. **EARRINGS** nOir Jewelry, noirnyc.com.



UT

GLAM

"If I were to go to prom again, this would be my first choice," she says. "Metallic photographs so well and really makes you stand out!" (Pleats also guarantee you'll make an amazing entrance.) For the finishing touch, skip a choker and try over-the-top earrings.

DRESS Maria Lucia Hohan, mlh-shop.com.

EARRINGS AND CUFF Erickson Beamon, Saks Fifth Avenue.

SHOES Jimmy Choo, jimmychoo.com.

HAIR: Jeff Francis for L'Anza at UtopiaNYC. **MAKEUP:** Amy Oresman using Neutrogena. **MANICURE:** Mar y Soul for Dior Vernis.



Rebels Like Us

In this exclusive sneak peek at **Liz Reinhardt's** new novel, New York City girl Agnes's world is turned upside down when she moves to a small town in Georgia.

Illustration by
Samantha Hahn



S

artre said hell is other people, but he obviously never experienced a winter heat wave in the Georgia Lowcountry.

Six weeks ago, my best friend Ollie and I were huddled up under the covers in NYC. Today, I'm trying to resist fainting from the broiler-like temperatures. In winter.

The only deliverance from this heat is inside my new school for the second half of my senior year, Ebenezer High, so I need to make a decision: Go in or die of heatstroke with tragic hair.

I fill my lungs with a final gulp of hot air, then push into the cool building, cross a lobby showcasing dozens of glittering gold sport trophies, and I'm in a generic front office where a woman inputs my information into the computer at a snail's pace.

When my schedule is finally approved, I'm led into a hallway that smells like yesterday's cafeteria fries, bleach, and fresh paint. My

tour guide's bubblegum drawl interrupts the panic that threatens to tunnel me under despite my internal pep talk that this will all be okay.

"It's wonderful to have you at Ebenezer High." We stop in front of a nondescript door whose tiny window reveals my fellow cellmates. "The peer guide I've assigned to help you through the day is in this class."

What's more awkward? Walking into a classroom full of seniors as the new girl? Or standing in the ugly hallway of your new school losing a staring contest with a guidance counselor whose name you can't remember? Lamest game of Would You Rather. Ever.

I have to choose, so I walk backward through the door. "Good morning. You must be Agnes. I'm Mrs. Lovett. Your peer guide will be Khabria Scott. Khabria, please raise your hand," Lovett's voice snaps, and a hand pops up in response.

Because I'm nervous, I resort to a goofy, toothy smile, and feel extra



dumb when Khabria folds her arms across her chest elegantly and gives me a tight-lipped, polite smile in return. She's got this whole regal Nefertiti/Beyoncé vibe that's intimidating and impressive all at once.

"You can take a seat, second row, fourth desk back, Agnes." I slide into my chair while too many eyes dart my way, sizing me up because I'm so shiny and new.

"Hey. Hey, new girl?" A tall guy with a bright yellow basketball jersey sitting just behind Khabria nearly falls out of his chair calling to me and waving his gorgeously muscled arms over his head. "Where you from?"

"Crown Heights." I watch his face screw up like I answered him in Finnish. "Brooklyn."

"Where?"

Khabria whips her head so fast her black and strawberry braids are a blur. She mutters, "You a moron, Lonzo."

"New York City, man. C'mon, you're makin' us all look ignorant." I can't see who said it, but that deep, slow voice that rolls like a warm wave

in the ocean is the most Southern voice I've ever heard—and I'm shocked by the fizzy glow that warms through me at the sound of it. I like it. I like it a lot.

"Why you move here?" The tall guy kicks my chair with the sole of his shoe to get my attention. More eyes turn to me from around the classroom. Shiny-haired cheerleaders and flexing jocks, slackers trying to pretend they aren't dozing, nerds clutching their notebooks—two dozen faces fade in a kaleidoscope of dark and light.

Being the new girl sucks.

That's when I hear a little alien-baby voice whisper, "Agnes? That cannot be her name. That name would be ugly if it were my grandmother's."

I swivel my head and face the kind of blandly vicious sneers that always seem to infect a select few in any group. They're so generically pathetic, if life were a movie, they wouldn't even have names in the credits. They're even wearing cheerleading uniforms. Could they be more cliché? Generic Mean Girl One is giggling like mad along with Generic Mean Girl Two. I turn full around in my seat and stare at them, ignoring my new teacher's obvious throat clearing.

"Is there a problem, ladies?"

"My name," I announce, still looking at the two spray-tanned, hair-tossing idiots in their cutesy matching uniforms. I love the way their cackles dry up and their perfectly made-up faces fall. "Apparently, it's hilarious."

"Agnes." I turn to look at my teacher, who is clearly not amused. "Whatever this nonsense is about, it stops now. I don't tolerate fools, and I don't put up with time-wasting. In fact, it's really starting to piss me off that I wasted this much time already."

A few people gasp or snort when she says *piss*, as if our innocent, nearly adult ears have never heard a single naughty word before.

"I'm sorry for wasting your time," I say, sitting straight at my desk. I can take care of the Generic Mean Girl Twins later. Right now, I'm going to make it a priority not to "piss off" this woman. For all I know, this class might be the highlight of an

Meet the Author: Liz Reinhardt

Rebels Like Us—the second release by
Seventeen Fiction from Harlequin Teen—hits
stores on February 28!



TWITTER
lizreinhardt

HOMETOWN:
Augusta, NJ

**THE INSPO FOR
REBELS LIKE US:**

"In the book, Agnes comes to learn that her new school in Georgia has segregated proms. That idea came when I read a 2013 newspaper article about a school that had a separate black prom and white prom—I couldn't believe it. When I sent my story idea to my editor, she thought it didn't even sound like it could be real, but unfortunately that kind of stuff still does happen today."

**HOW SHE
BECAME A
YA AUTHOR:**

"My senior year in college, I tried to write an adult romance book for Harlequin.

I was supposed to be studying for finals and it was so much more fun to write instead. But the book was awful and they ended up rejecting it. It wasn't until after college that I realized I'd been writing in the wrong genre. I loved YA books, and that was what I was good at!"

**YA NOVELS THAT
INSPIRED HER:**

"Everything Sarah Dessen wrote and the Jessica Darling series by Megan McCafferty."

**HER ADVICE
FOR ASPIRING
AUTHORS:**

"Read and write all the time—Wattpad is a really great resource because it can be extremely helpful to hear from other writers. Don't be afraid to just put words on paper. Artists have many sketches that they throw away before the finished product—your drafts are just *your* sketches. There will be many rounds before you have a final version that you love."

otherwise miserable few months.

When we're finally dismissed, Alonzo drags Khabria over to me. It occurs to me that I could try to make some new friends, but then she glides away to join a clutch of girls wearing navy cheerleading uniforms that match hers—including both plastic airheads.

I try to convince myself I dodged a social bullet, but it doesn't feel awesome to be left wishing I could teleport to my next class so that I won't have to suffer being the one and only student at Ebenezer High navigating the halls alone. ●

TRAUMA



PARTY CRASHER

"When I was a freshman, my family and I flew to Oregon for my cousin's college graduation. After the formal ceremony, a couple of her friends and I went to a BBQ with a bunch of hot fraternity guys. We were standing on a deck—where some of the wood planks were a bit rotten and beaten up—when all of a sudden, I completely fell through it! Thankfully, it was only a short drop, but I was knee-deep in wood *and* embarrassment. I had scratches up my legs, and my dress ripped too. It was a disaster! Everyone around me laughed, and when I went inside to call my mom, she couldn't stop laughing either. Thanks, Mom."

Oh. My. Awkward.

RAMA



Slide of Shame

"I was on spring break with my family and wore this really cute halter-neck swimsuit at the pool. My sister and I loved the water slide there and kept going down it. Once, as I was reaching the bottom, I noticed my sister yelling at me and waving her arms around her chest. Somehow my halter had come unclasped—and I had no idea! I couldn't believe I was half naked for everyone to see."

OVERFLOW-NO

"I decided to host a party at my house and wanted it to be totally Pinterest-worthy. My friends and I decorated desserts to put out and even set up a spot for people to take cute Polaroid pics. I was so excited! Once the party started, everything was going well—until my friend pulled me aside and told me the toilet had overflowed! We opened the door, and there was disgusting urine-filled water *everywhere*. I immediately put up 'Do Not Enter' signs, but people kept opening the door so they could see what was going on. So much for my classy soiree."

Mic Drop

"During a tech rehearsal for my school's play, I had to wear layers of clothing because I had a lot of quick wardrobe changes between scenes. While I was backstage, my butt itched, and I went on a full rant to my best friend about how I couldn't scratch it through the clothes. (She even tried doing it for me!) When it was time for me to head onstage to check the mic I was wearing, I found out it had been on the entire time. The director had to quiet down the whole cast because they were laughing so hard!"

LICENSE TO PEE

“When I went to take the written test for my driver's exam, there was a long line. I had to pee, but I didn't want to lose my place, so I just held it. After an hour, I *really* had to go. Soon, I was peeing all over the carpet—I couldn't stop! I avoided eye contact with everyone and tried to cover the puddle with my bag. Luckily, I was wearing black leggings so people couldn't tell they were wet!”

CELEB TRAUMA!



—STEFANIA OWEN, 19, *THE CARRIE DIARIES*

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BY AURORA TOWER

ARIES

Mar 21–Apr 19

Mar: Till that B-day swag starts rolling in, you've *got* to stick to a budget. Cash planet Venus will help you prioritize on the 4th.

Apr: You'll be way tempted to slack off on the 21st, but that will lead to a *lot* more work later on. Get 'er done—then treat yourself!

TAURUS

Apr 20–May 20

Mar: In your gut, you have a sinking feeling a friendship isn't right for you. On the 11th, Mars will nudge you to move on.

Apr: Your squad may be pressuring you to make a decision, but they'll have to wait till the 20th, when the sun shows you the way!

GEMINI

May 21–Jun 20

Mar: After Mercury shifts on the 11th, your social life will blow up big-time. Before long, you'll have *tons* of new connections.

Apr: You may be filled with self-doubt near the 10th, but feisty Mars will restore your confidence (and then some!) by the 22nd.

CANCER

Jun 21–Jul 22

Mar: With a slew of planets in your zone of travel and adventure, you're set to have the most epic spring break ever. Bon voyage!

Apr: If you feel iffy about a next step, don't freak out. Venus will bring clarity on the 15th, and you'll know *exactly* what to do.

LEO

Jul 23–Aug 22

Mar: You may hit a snafu if you travel after the 21st, but stay calm: Once you get to your destination, it'll be all fun, all the time!

Apr: When the sun struts into your zone of fame and success on the 20th, you'll be positioned to tackle any goal. Crush it, Leo.

VIRGO

Aug 23–Sep 22

Mar: The full moon on the 12th will spotlight a prob between you and a BFF. A heart-to-heart convo will definitely help.

Apr: As romantic Venus turns direct on the 15th, you and the sweetie you've been flirting with will DTR once and for all.

LIBRA

Sep 23–Oct 22

Mar: With Venus in retrograde this month, you *must* take extra-special care not to burn out. You want to be totes healthy for spring!

Apr: Try not to lose it when bae doesn't get what you're saying on the 21st. Mercury will make communicating hard AF that day.

SCORPIO

Oct 23–Nov 21

Mar: Kick-ass news will arrive on the 9th, possibly from an old friend: It looks like you may pair up with someone on a hot project!

Apr: On the 10th, reread any texts before hitting send! With blabby Mercury in the mix, you could type something you'll regret.

SAGITTARIUS

Nov 22–Dec 21

Mar: When Mars links up with Saturn on the 5th, your crew could end up taking a spontaneous trip to a nearby spot. Fun!

Apr: Keep your eyes peeled on the 22nd: With Mars in your relationship house, your OTP could show up on the scene.

CAPRICORN

Dec 22–Jan 19

Mar: During a GNO on the 27th, friend drama may spiral out of control. Use your cool-Cap demeanor to defuse the sitch stat!

Apr: On the 21st, Mercury will urge you to open up to your bestie about an issue that's been bugging you. It'll be *such* a relief!

AQUARIUS

Jan 20–Feb 18

Mar: If you're traveling on the 2nd, you may hit some random detours, but whatever you end up doing will be a *legit* blast.

Apr: You've been crushing on a hottie in class *forever*, but with an assist from assertive Mars on the 22nd, you'll break the ice!

PISCES

Feb 19–Mar 20

Mar: Near the 12th, you'll chat up a cutie from a nearby town. Might be just a fun fling, but chances are high it could be more!

Apr: As beauty-loving Venus enters your sign on the 4th, it'll be the perf day to lock down a makeover you've been dreaming of.

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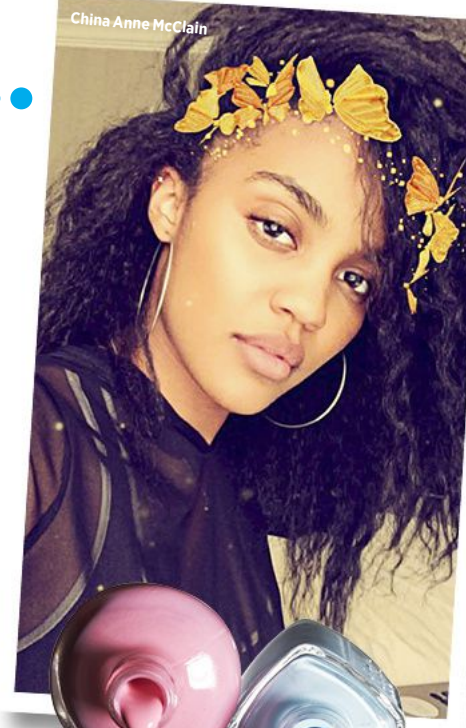
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China Anne McClain

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or

have to use the butterfly crown for **all** your stories?

... have a lifetime supply of Thin Mints

or

get endless boxes of Samoas?

... be locked in a Coachella Porta-Potty for an hour

or

have to hold a full bladder for eight hours?

... kiss a leprechaun

or

smooch the Easter Bunny?

... wake up every morning with flawless makeup

or

have a perfect manicure for the rest of your life?

... your tropical vacay be completely rained out

or

it didn't snow for your ski trip?

... have it literally rain cats

or

have it literally rain dogs?

... take the SAT naked but get a perfect score

or

completely bomb it for \$500?

... share a spring break hotel room with your worst enemy

or

be forced to bunk with your parents **and** your crush?

... go shopping with Gigi?

or

have a spring fling with Zayn?



BELLA HADID AND CHINA ANNE MCCLAIN: GABRIEL GRIFFIN/CONTOUR; STILL LIFE: JESSICA KATZ/GETTY IMAGES; GIGI HADID AND MALE: JEFFREY MAYER/GETTY IMAGES

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